

## Data from the Afri-Can Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
South Africa	310
Subtotal – meetings in seated regions	310
<b>Unseated Regions/Communities</b>	
Ethiopia	4
Ghana	9
Kenya	14
Lesotho	1
Liberia	2
Namibia	2
Nigeria	11
Rwanda	1
Tanzania	35
Uganda	1
Zambia	3
Zanzibar	3
Zimbabwe	3
Subtotal – meetings in unseated regions	89
<b>Total</b>	<b>399</b>

**Website and Contact Info:** To be established.

### Requirements for Regional Seating

Currently, we do not have criteria for new membership. We involve all and any Region where there is an NA meeting.

### Meeting Length, Duration, and Format

Afri-Can Zone regular meetings are held once a year for 3 days. We also have monthly skype meetings. The AZF is not attached to a particular NA event because we rotate to different regions where NA events are happening.

### Decision-Making Process

We utilize the consensus building decision making procedure and it has been effective.

### Admin Structure

Currently the other trusted servants attending beyond the delegates are the AZF co-chairs. All our activities are funded and our service positions will be turning over every two years.

### Budget, Funding, and Fund Flow

Our zonal activities are being fully funded by NAWS. We do not yet have an annual budget because we have no funds.

## **Mission/Vision**

Our vision is that all addicts in Africa have the opportunity to experience the NA message of recovery in their own language and culture.

Our mission is that the Afri-Can Zonal Forum is a service body created by the NA regions in Africa to provide a forum for African regions to communicate and cooperate with one another through:

- Sharing experiences and resources
- Enhancing and encouraging unity and mutual support so that the regions can nurture and sustain the growth of NA in Africa and
- Collaborating with other NA service bodies

Our purpose is:

- To support NA fellowship development projects in the African regions
- To encourage and maintain effective communication among member regions
- To enhance connectivity and promote the shared sense of responsibility to those that we serve

## **Focus of Zonal Meetings**

We mainly focus on workshops around fellowship development and since we are not very involved in the WSC, the CAR and CAT are not yet in our workshops. We do use regional reports to inform formulation of the workshop topics.

## **Services to Regions or Zone**

The zone provides Services to member regions that include, literature distribution, supporting translation efforts, and experience, strength, and hope on developing NA in the regions.

## **Strengths/Goals**

We are still in our formative stage hence we will do the workshop on the role of zones in our next AZF meeting later in the year.

## Data from the Asia Pacific Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Aotearoa New Zealand Region	117
Australian Region	460
Hawaii Region	120
Indian Region (SIRSCONA)	234
Japan Region	267
Nepal Region	80
NERF Region (Northeast India)	15
Philippines Region	89
Iran Region	19,500
Subtotal – meetings in seated regions	20,882
<b>Unseated Regions/Communities</b>	
Afghanistan	9
Bahrain	9
Bangladesh Region	25
Bhutan	9
Cambodia	5
China Region	8
Hong Kong	7
Indonesia Region	67
Kuwait	13
Malaysia	8
Maldives	2
Northern Marianas Islands	3
Pakistan Region	41
Pakistan South Region	7
Saudi Arabia Region	36
Singapore	8
South Korea	3
Thailand	51
UAE	15
Vietnam	1
Subtotal – meetings in unseated regions	327
<b>Total</b>	<b>21,209</b>

**Website and Contact Info:** [www.apfna.org](http://www.apfna.org); [chair@apfna.org](mailto:chair@apfna.org); [secretary@apfna.org](mailto:secretary@apfna.org); [fdc@apfna.org](mailto:fdc@apfna.org); [treasurer@apfna.org](mailto:treasurer@apfna.org), [web@apfna.org](http://web@apfna.org)

### Requirements for Regional Seating

Each NA Community within, or practically linked to, the geographical boundaries of the Asian Pacific Zone may choose to seek Membership in the APF. The APF regards the composition and makeup of the APF as a matter affecting the NA fellowship as a whole.

### Meeting Length, Duration, and Format

APF annual meetings are regularly held once a year for 4 days. The APF body decided in 2015 to host an “APF Convention” in conjunction with the regular APF annual meeting. In the past, this has always been encouraged but has not been mandatory and sometimes has not been practical due to resources of the

hosting Community. In Makati this year, the Philippines Fellowship opted for a unity day & hosted a social outing the following day.

### **Decision-Making Process**

CBDM is used effectively. Elections are standard simple majority. A full copy of our guidelines is available on our Web-Site.

### **Admin Structure**

The APF consists of seven trusted servants who are elected by the regional delegates, for a period of 2 years. They form the "Steering committee". The APF trusted servants include an administrative committee (Chair, Fellowship Development Point Person, Secretary, Treasurer) and 3 other trusted servants (Merchandise Contact, Newsletter Contact, Webservant).

### **Budget, Funding, and Fund Flow**

APF funds are managed in accordance with the NA 12 traditions and 12 concepts. The APF committee as a whole considers its projected expenses and authorizes expenditures to cover them. APF encourages fund flow from its available regions/communities contributions. Fund-flow is typically passed on from regions/communities within the APF. A small percentage comes from regions outside. Approximately half the delegates are funded along with the Chair, Treasurer & Secretary.

Our fund flow is reported by the APF Treasurer in following 2 terms:

- (i) Periodical fund contribution (in term of cash currency)
- (ii) Merchandise contribution (in term of kind)

The APF Treasurer produces an annual budget that details the expected income and expenses for each financial year budget range amount in between US\$ 22,000 – US\$ 25,000. Just for an example, annual budget US\$24,402 at the 2015 APF conference, including 10% tolerance (+ or -) and in addition to US\$6,000 that was approved as a budget for FD within the year 2015-2016.

### **Mission/Vision**

APF Vision Statement

Our vision is that one day: a) Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life; b) NA communities worldwide, NA World Services and the APF work together in a spirit of unity and cooperation to carry our message of recovery; c) Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

### **Focus of Zonal Meetings**

Fellowship development, resource and information sharing, communication, unity within neighboring communities & throughout the APF, support.... No CAR/CAT workshops. [CAR workshops have been done in the past but it is not usual practice.

### **Services to Regions or Zone**

Fellowship Development services funded or arranged by the APF. The primary principle of "APF Fellowship Development" (FD) is to support the growth, unity, stability and recovery of NA communities within the Asia Pacific Zone. We have commenced a new formation of workgroups: Fellowship Development [As mentioned above FD has been functioning well for years... it is our hope that having a workgroup focused on FD will better serve the Fellowship], Communications & money matters [Concentrates on fund flow, responsible management of NA funds, merchandise...]

### **Strengths/Goals**

STRENGTHS: FD

AREAS FOR IMPROVEMENT: Communication [However this has improved dramatically since the work of the Strategic Planning workgroup began.

## Data from the Autonomy Zone

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Central Atlantic Region	561
Chesapeake & Potomac Region	404
Free State Region	792
Greater Philadelphia Region	523
Mountaineer Region	119
Subtotal – meetings in seated regions	2,399
<b>Unseated Regions/Communities</b>	
Eastern Pennsylvania Region	116
Subtotal – meetings in unseated regions	116
<b>Total</b>	<b>2,515</b>

**Website and Contact Info:** <http://autonomyzonalforum.org/>;  
<http://autonomyzonalforum.org/contact-us/>

### Requirements for Regional Seating

No requirements.

### Meeting Length, Duration, and Format

AZF's are hosted twice a year in January and July. The order for hosting is as follows:

Free State Region: January 30, 2016, Greater Philadelphia Region: July 30, 2016, Central Atlantic Region: January 28, 2017, Mountaineer Region: July 29, 2017, Chesapeake and Potomac Region: January 27, 2018, Eastern PA Region: July 28, 2018.

The meetings last for one day. The AZF delegates also communicate via a 90 minute conference call at least once in between our meetings, and more frequently if needed.

Some of the regions have held an AZF workshop at their regional conventions. We are planning an event for July 2016, when Greater Philadelphia Region hosts. This has been a priority, and we are planning for a Friday Public Relations for the Professional event, and then on Saturday, we will hold our regular Zonal Forum, and after we will have speakers to share their service experience.

### Decision-Making Process

We are utilizing a modified CBDM. Yes, it is effective. We are more discussion-based, and this is working at this time.

### Admin Structure

There is no administrative structure, nor are there trusted servants beyond the attending delegates. We have always had a facilitator who is the RD of the hosting region. We also have a secretary who is a delegate

### Budget, Funding, and Fund Flow

There is currently no fund flow. The delegates are funded by their respective regions for travel to each Zonal Forum. Whichever region is hosting funds the cost of the facility and provides lunch. We do not have a treasury, and our plan for our event in July 2016 is to share the cost amongst the

regions. The regions share the cost of maintaining our website, which is a minimal fee. Since there is no fund flow, and we have not developed a budget.

## **Mission/Vision**

### **Autonomy Zonal Forum (AZF) Mission Statement**

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for Regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole.
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

### **Autonomy Zonal Forum (AZF) Vision Statement**

All of the efforts of Narcotics Anonymous are motivated by the primary purpose of the groups we serve. Upon this commonality we, the Autonomy Zonal Forum stand vigilant.

Our vision is that one day:

- Every addict has the chance to experience our NA message and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- The regions within the AZF work together in a spirit of unity and cooperation to support the groups, areas and regions in carrying our message of recovery;
- The AZF is committed to the continuing effort to establish Narcotics Anonymous as a universally recognized, respected, and viable program of recovery.

Our foundation is based on honesty, trust, and goodwill regarding all our service efforts, relying on the guidance of our loving Higher Power.

## **Focus of Zonal Meetings**

Regional reports are no longer read, but handed in to the secretary to be included in the minutes, CAR and CAT workshops at January meeting during conference years, discussions related to developing the zone – recent examples include a zonal website and the development of vision and mission statements.

## **Services to Regions or Zone**

We currently maintain a zonal website.

## **Strengths/Goals**

**STRENGTHS:** We have consistent representation from our regions. After an inventory, we have been attempting to move forward with the items we have identified.

**AREAS FOR IMPROVEMENT:** Working on establishing a better relationship with our respective regions, with improved cooperation between the two service structures.

## Data from the Brazil Zone

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Brazil Region	512
Southern Brazil Region	391
Subtotal – meetings in seated regions	903
<b>Unseated Regions/Communities</b>	
Brazil Central Region	256
Brazil Nordeste Region	282
Grande Sao Paulo Region	823
HOW Brazil Region	888
Minas Region	185
Rio de Janeiro Region	726
Rio Grande do Sul Region	116
Subtotal – meetings in unseated regions	3,276
<b>Total</b>	<b>4,179</b>

**Website and Contact Info:** [www.na.org.br](http://www.na.org.br); [http://www.na.org.br/fale\\_conosco](http://www.na.org.br/fale_conosco)

### Requirements for Regional Seating

No there aren't any. Any new region can join the zone as soon as it is formed.

### Meeting Length, Duration, and Format

Brazilian Zonal Forum (BZF) meetings are held twice a year for three days. The ACS meeting is also held at the same time and place. The ACS is our corporation which oversees the import and distribution of literature in Brazil. The ACS meeting usually takes one day and the BZF meeting two days. There is a national convention every five years and a national service forum every two years.

### Decision-Making Process

The zone always tries to use CBDM, but has a parliamentary procedure for the cases when consensus can't be reached. A time limit to find a consensus is usually employed, and after that parliamentary process is used.

### Admin Structure

The zone has a chairman, secretary, and treasurer, as well as PR and translation coordinators. Convention and national service forum coordinators may also be elected. All the positions are funded to attend the BZF meetings and events. The positions turn over every three years.

### Budget, Funding, and Fund Flow

The treasurer makes an annual budget which is sent for approval by the Brazilian regions. The regions then provide enough money to accomplish the services described in the budget. Most of money goes to PR efforts and trusted servant travel to the meetings. None of the delegates are funded by the BZF, just the servants. Each region pays for its delegate to participate in the meeting. In 2014, profits from events provided enough funds, although all the regions are ready to

send money when the forum requires it. The annual budget is R\$ 39,380.00. In US dollars this is around \$13,000.

### **Mission/Vision**

The Brazilian Zonal forum was created by NA communities in Brazil to gather and develop service resources to the fellowship as a whole.

The main purpose of BZF is to contribute to the continued growth of Narcotics Anonymous; support unity, cooperation, and communication; and serve as a resource for NA service in the Brazilian communities.

### **Focus of Zonal Meetings**

Literature distribution, translation, public relations, growth and development. No *CAR* or *CAT* workshops. Only two Brazilian regions are seated in the WSC, so each region can choose whether or not to hold *CAR* and *CAT* workshops. Usually the each region also holds its own workshops based on the resources available on na.org.

### **Services to Regions or Zone**

The BZF doesn't provide direct services. The zone focuses on services at a national level like the website and the coordination of the translation work of all the local translation committees (LTCs) in Brazil.

### **Strengths/Goals**

**STRENGTHS:** We maintain a good website that is regularly updated. The events mentioned are also really good and helpful, especially the National Forum.

**AREAS FOR IMPROVEMENT:** The fellowship is growing a lot in Brazil. Our challenge now is to help this growth to be structured, healthy and natural.

## Data from the Canadian Assembly

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
AL-SASK Region	188
British Columbia Region	322
Canada Atlantic Region	82
Ontario Region	409
Quebec Region	240
Subtotal – meetings in seated regions	1,241
<b>Unseated Regions/Communities</b>	
Northwest Territories	5
Yukon Territory	5
Subtotal – meetings in unseated regions	10
<b>Total</b>	<b>1,251</b>

[Note: The Quebec Region now includes the meetings from the Le Nordet Region, which is currently not meeting.]

### Website and Contact Info

<http://canaacna.org/>; [chair@canaacna.org](mailto:chair@canaacna.org) or use contact page of the website

### Requirements for Regional Seating

- Registered with the WSO
- Agreement with the “Purpose and Functions of the Canadian Assembly of Narcotics Anonymous”
- Represented by the Service Delegate elected by the region

### Meeting Length, Duration, and Format

The Assembly meets quarterly: Face to face once a year, and by conference call three times per year. The face-to-face meeting lasts for four days. It meets immediately before the Canadian Convention and in the same location.

### Decision-Making Process

In all its decisions, CANA strives to reach consensus. In order to minimize the time spent discussing topics within the Assembly, a workgroup system and/or forum or small group system may be used instead. Input to the Assembly, including questions, ideas, proposals, suggestions, experiences and needs may be referred to an ad-hoc or standing committee and/or forum or small group. The basic purpose of these committees and open forums or small groups is to collect, clarify, define and state the decisions of CANA within specific areas of concern and to initiate and co-ordinate actions based on these decisions. These committees do not govern; they perform the necessary task, reporting the results to CANA.

#### Consensus Based Decision Making Procedure

##### 1st level:

1. Proposal or item is presented with budget implication if any; any clarification needed is provided, short discussion period if warranted.

2. Facilitator asks for consensus. Does item receive 100% approval or rejection? If 100% approval, proposal carries, if 100% rejection, proposal fails, record the results in the minutes. If item does not receive 100% in either go to the 2nd level.

#### 2nd level:

1. Facilitator facilitates consensus building. More information is provided, with full intent for proposal. A brief break may be necessary. Discussion is held for/against the proposal; small group discussion may be warranted.
2. Facilitator asks for consensus. Does item receive 100% approval or rejection? If 100% approval, proposal carries; if 100% rejection, proposal fails; record the results in the minutes; if item does not receive 100% in either go to the 3rd level.

#### 3rd level:

1. Straw Poll is taken.
2. If 85% in favor/15% opposed: listen to the minority point of view or have small group discussion; discuss to reach consensus. Accept the proposal as proposed.
3. If 50% in favor/50% opposed, 40%/60%, 25%/75% we need reflection. Delay the decision to the next meeting or specified time, doing one of the following:
  - o Form a workgroup with members with experience on the topic.
  - o Seek more information to present at the following meeting.
  - o Send back to the regions/workgroup.
  - o Make an interim decision and set a time to continue discussion
4. Stand Aside: When a concern has been fully discussed and cannot be resolved, the person with the concern is willing to stand aside: that is, acknowledge that the concern still exists, but allow the proposal to be adopted.
5. Block: A blocking concern must be based on a generally recognized principle (violates one of the 12 Traditions or 12 Concepts), not a personal preference, or it must be against the entire group's wellbeing. Before a concern is considered to be blocking, the group must have already accepted the validity of the concern and a reasonable attempt must have been made to resolve it. If legitimate concerns remain unresolved and the person has not agreed to stand aside, consensus is blocked.

Note: With such a small number of participants, the Chairperson shall be aware of a high number of stand asides as an indication for discussion to continue.

We use CBDM in all matters other than elections.

We will straw poll ideas to see where we are at, and move forward or change direction based on that. It is extremely effective.

#### Interim Decisions

In order to achieve consensus on a proposal or discussion item, the following process will be utilized.

1. Any discussion item or proposal is sent to the CANA Chairperson for review and input. Proposals requesting funds require a fixed dollar amount. Proposals affecting our "*Purpose and Functions*" document must always return to the Regions.
2. The CANA Chairperson will present the proposal to the body by e-mail, for discussion only, for a period of one (1) week.
3. Following one (1) week of discussion, the CANA Chairperson will facilitate consensus. If unanimity cannot be reached then 85% will be considered consensus as per our consensus guidelines.

4. One (1) week following the presentation of the proposal to the body for consensus, in the absence of sufficient responses to indicate a decision, the CANA Secretary shall attempt to contact by telephone, those who have not yet participated in discussion.
5. Two (2) weeks following the presentation of the proposal or discussion item to the body for consensus, in the absence of sufficient responses to indicate a decision, the CANA Chairperson shall consider those who have not voted to have stood aside.

### **Admin Structure**

CANA has the following trusted servants:

- Administration Team: Chair, Vice-chair, Secretary, National convention resource coordinator  
Terms of service are two years, with a maximum of two terms. We no longer have a web servant, as we have contracted a company to take care of our website.

Canadian Convention Committee

- Incoming and outgoing CCNA chairpersons

This is in the process of changing, as we are moving towards an internal and external convention committee, with the internal members being members on the CANA body. After this year, the convention chair will no longer be a participating member of the CANA body.

Canadian Fellowship Development Team

- Fellowship Development East
- Fellowship Development West
- Fellowship Development Central

Terms of service are three years, with a maximum of one term.

### **Budget, Funding, and Fund Flow**

The zone is funded through a combination of regional contributions and convention income.

The RD teams are funded by their regions to attend, but travel subsidization is available if requested by a CANA member region. Attendance at the annual meeting is funded by CANA for all positions listed in the previous section.

The zone has an annual budget, which also includes funds related to the Canadian Convention. The annual budget includes a seed fund for the convention, and factors in a profit from the convention. Items included in the budget are admin travel, per diem and hotel for the assembly meeting, costs related to FD events, and there are separate line items for most items on our strategic plan. Each year the budget has a different value, dependent on the projects for that year, and where the FD events occur.

### **Mission/Vision**

CANA/ACNA Vision Statement

Inspired by the primary purpose of the groups we serve, our Vision provides direction for all the efforts and actions of the Canadian Assembly of Narcotics Anonymous. In our vision is a time:

- When addicts throughout the geographical expanse we serve need no longer suffer and die without having had the opportunity to discover and experience the miracle of recovery offered by Narcotics Anonymous.
- When the NA message of recovery is freely carried in every language and across all boundaries of culture, ethnicity and geography from coast to coast to coast.
- When the Canadian Assembly is universally recognized as a dynamic and reliable resource for NA services and information.

This vision directs all our service efforts. With the guidance of a loving Higher Power we strive towards these ideals.

### **Focus of Zonal Meetings**

Strategic planning, translations and outreach to First Nation communities, oversight of the national convention.

We do not workshop the CAR or the CAT, but we have workshops that are geared towards what our fellowships' needs are. We discuss regional issues with each other, and we have strategic planning sessions, and create a plan based on our needs and what are goals are. We also discuss matters which relate to the WSC.

### **Services to Regions or Zone**

CANA maintains a website so that professionals, the general public, NA members and potential NA members will be able connect with an established nationwide communication network.

CANA has a Fellowship Development (FD) team whose goal is to attend/help facilitate attendance at 8-9 events annually, hosted by national organizations, primarily in the health care field. We are starting to have good working relationships with a number of agencies. Although we do not always attain this goal of 8-9 events (logistics, money, events cancelling), we still strive to attend as many as possible. Whenever possible, the FD members attend the events themselves, but when they cannot attend, or it is not prudent to do so, CANA FD assists the PR/RD teams of the region in which the event is held by providing the tools necessary to attend the events: booth setup, literature and registration fees.

CANA also sponsors a national toll free number, and it also provides PSA for both radio and TV to the member regions.

### **Strengths/Goals**

**STRENGTHS:** We are very good at strategic planning, and deciding what projects would most benefit our member regions. It is helpful that our zone is our country, therefore all FD projects are on a national level. CANA does participate in area and regional events when requested as well.

We communicate well with each other, and we take all different perspectives into account when making decisions. Our regions each have attributes that are unique, but we do also share common characteristics.

Our Zone is bilingual, although our meetings are held primarily in English. Whenever possible we attempt to have one member of the admin be bilingual, but that is not always possible. We regularly work on translating all of our internal documents into French for the Quebec region.

**AREAS FOR IMPROVEMENT:** As effective as we are, in between face to face meetings our productivity declines substantially. Some of our projects stall and do not get completed, and have to be carried over from cycle to cycle. Changing to 3 conference calls from 1 has assisted in this, but we could still use improvement.

Attendance at the conference calls could be improved as well, as only about half of our body attends them.

## Data from European Delegates Meeting

By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Denmark Region	133
Egypt Region	58
Finland Region	71
France Region	83
Germanspeaking Region	243
Greece Region	110
Ireland Region	119
Israel Region	250
Italy Region	97
Lithuania Region	23
Norway Region	84
Poland Region	74
Portugal Region	143
Spain Region	149
Sweden Region	450
UK Region	766
Subtotal – meetings in seated regions	2,853
<b>Unseated Regions/Communities</b>	
Adriatic	26
Belgium	22
Bulgaria	5
Cyprus	4
Czech-Slovak	2
Estonia	20
Hungary Region	20
Iceland	15
Latvia Region	4
Malta Region	4
Netherlands Region	34
Switzerland	20
Turkey Region	18
Ukraine Region	74
Subtotal – meetings in unseated regions	268
<b>Total meetings</b>	<b>3,121</b>

**Website and Contact Info:** [www.edmna.org](http://www.edmna.org); [contact@edmna.org](mailto:contact@edmna.org); [fdc@edmna.org](mailto:fdc@edmna.org); [mc@edmna.org](mailto:mc@edmna.org)

### Requirements for Regional Seating

We support every small community but we also try to fund those who are able to elect a delegate to represent them. Besides that we wish them to be an area at least but with small countries where NA is just starting this is not mandatory. It's most important that there is a community with a chosen delegate and members who are willing to establish a working service structure.

### **Meeting Length, Duration, and Format**

EDM regular meetings are held twice a year for 4 days. One of these meetings is scheduled in conjunction with the European Conference and Convention of Narcotics Anonymous (ECCNA).

### **Decision-Making Process**

We have CBDM which is a cornerstone of our meetings. We believe in the process of discussion and hearing every opinion and then shaping the decision so that everyone is OK with it. We don't vote except service positions and bids for where the ECCNA and the EDM will be held.

### **Admin Structure**

The EDM consists of 9 trusted servants elected by the regional delegates for a period of 2 years. They form the "Steering Committee". The EDMs trusted servants are: chair, vice-chair, secretary, vice-secretary, treasurer, vice-treasurer, FD chair, FD vice-chair, and media coordinator.

### **Budget, Funding, and Fund Flow**

We have donations from Regions and income from the yearly ECCNA Convention. Delegates who apply for funding are funded depending on the funds we have. We support every small community and try to fund those who are able to elect a delegate to represent them. We have a budget for every EDM meeting. We set aside money for the next meeting and the FD trips we are planning to do. If there is more we donate it to NAWs.

### **Mission/Vision**

The EDM is a European based forum of multi-lingual and multi-cultural NA communities inside and outside Europe, whose mission is to further their common welfare and unity, support their growth and help them fulfil their primary purpose of carrying the NA message to the still suffering addict.

### **Focus of Zonal Meetings**

We have workgroups about arising topics that work on solutions and present them to the body so we can make decisions or decide to do something new. Another main part of our meetings is sharing experience through questions and answers from the reports. Fellowship development is one of the main focuses where we have task teams who come together from the EDM body and visit communities to do workshops. There is usually a CAR workshop at the EDM meeting prior to the WSC.

### **Services to Regions or Zone**

We provide FD workshops. Recently we are working on how we could do PI on a zonal level. A workgroup has been formed and is working on contacts and how to do this. They will present it at the coming EDM and we will decide on a road map.

### **Strengths/Goals**

STRENGTHS: Fellowship development; sharing experience and letting everyone participate in the process; organizing the European Convention.

AREAS FOR IMPROVEMENT: We are trying to improve doing PI on a zonal level.

## Data from Latin America Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Argentina Region	570
Baja Son Region	980
Chile Region	144
Colombia Region	459
Costa Rica Region	213
Dominican Republic Region	150
Ecuador Region	500
El Salvador Region	80
Guatemala Region	52
Mexico Region	623
Nicaragua Region	217
Panama Region	55
Peru Region	102
Region del Coqui	97
Uruguay Region	150
Venezuela Region	175
Subtotal – meetings in seated regions	4,567
<b>Unseated Regions/Communities</b>	
Bolivia	22
Cuba	14
Grande Sao Paulo Region	See Brazil Zone*
Honduras Region	76
HOW Brazil Region	See Brazil Zone
Occidente-Mexico Region	479
Paraguay Region	19
Rio de Janeiro Region	See Brazil Zone
Rio Grande do Sul Region	See Brazil Zone
Subtotal – meetings in unseated regions	610
<b>Total meetings</b>	<b>5,177</b>

\*4 unseated Brazilian regions participate in the LAZF as well as the Brazilian Zone. For the purpose of this snapshot, their numbers have been included under the Brazilian Zone only.

**Website and Contact Info:** [www.forozonalatino.org](http://www.forozonalatino.org); [coordinador@forozonalatino.org](mailto:coordinador@forozonalatino.org); [vicecoordinador@forozonalatino.org](mailto:vicecoordinador@forozonalatino.org); [secretaria@forozonalatino.org](mailto:secretaria@forozonalatino.org); [tesoreria@forozonalatino.org](mailto:tesoreria@forozonalatino.org)

### Requirements for Regional Seating

There are no requirements. Every Latin American NA region/community, regardless of level of growth and development of its service system structure.

### Meeting Length, Duration, and Format

The LAZF face-to-face meetings will be of two types: a) Ordinary, celebrated semiannually, in odd years, about 3 days before NA Latin American Conventions; b) Extended, celebrated semiannually during even year, at some point of the World Service Conference. There are also virtual meetings every six months.

## **Decision-Making Process**

A combination of CBDM and parliamentary procedure, depending on the situation: We tend to use CBDM the most.

## **Admin Structure**

The LAZF's EC consists of 4 trusted servants (chair, vice-chair, secretary, treasurer) elected by the regional delegates for a period of 4 years.

## **Budget, Funding, and Fund Flow**

The LAZF continues to study the mechanisms to finance itself and develop its projects. Because of this we have been developing our website contribution portal, to facilitate the contribution process for regions and members wishing to do so. Currently, we rely 70% on Latin American Convention profits. Some regions make financial contributions. We are working to develop an annual budget

## **Mission/Vision**

### LAZF Vision

All of the efforts of the Narcotics Anonymous Latin American Zonal Forum are inspired by the primary purpose of our groups. Upon this common ground we stand committed.

Our vision is that one day:

- Every Latin American addict has the chance to receive our message in his or her own language and culture and to discover the possibility to find a new way of life;
- Every Latin American member, inspired by the gift of recovery, experience spiritual growth and fulfillment through service;
- The Latin American bodies work together in the spirit of unity and cooperation, to support our groups to carry our recovery message;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

Honesty, trust and goodwill are the foundation of our service efforts, and all of them depend on the guidance of a loving Higher Power.

### LAZF Mission

The mission of the Latin American Zonal Forum is to gather all Latin American origin regions / communities, to promote the LAZF Vision, fostering common welfare through unity, exchanging experience, strength and hope and developing service resources, so that our NA regions / communities can get the NA message of recovery and service in their own language and culture, discover together the possibility of a new way of life, in the spirit of unity and cooperation with NAWS and other zonal forums, to better carry our message of recovery to the still suffering addict.

## **Focus of Zonal Meetings**

Public Relations (PR), Growth and Development (G&D), News Bulletin, Internet, Translation, Human Resource Panel (HRP), NA Latin American Convention (CLANA). Executive Committee Report. Regional Reports, *CAR* and *CAT*.

## **Services to Regions or Zone**

Literature translation, reports, NAWS publications, PR, fellowship development, and *Just for Today* distribution.

## **Strengths/Goals**

**STRENGTHS:** Member regions support, provide materials, working together, visit regions, active workgroups, Latin American Convention.

**AREAS FOR IMPROVEMENT:** More participation by delegates, more members involved in zonal services, prepare an annual budget, and get more financial contributions.

## Data from Midwest Zone

By the numbers:

Seated Regions/Communities	# of meetings
Buckeye Region	210
Chicagoland Region	400
Greater Illinois Region	132
Indiana Region	412
Metro Detroit Region	500
Michigan Region	492
Minnesota Region	332
Ohio Region	535
Upper Midwest Region	62
Wisconsin Region	375
<b>Total</b>	<b>3,450</b>

**Website and Contact Info:** <http://www.mzfna.org/>; [mzfadmin@mzfna.org](mailto:mzfadmin@mzfna.org) or [mzfmembers@mzfna.org](mailto:mzfmembers@mzfna.org) to contact all member regions.

**Requirements for Regional Seating:** Membership is open to any interested NA member.

### Meeting Length, Duration, and Format

The Midwest Zonal Forum (MZF) meets two to three times per year for three days at rotating locations throughout Illinois, Indiana, Michigan, Ohio, and Wisconsin. The Midwest Zone participated in the Multi Zonal Service Symposium and held one of their meetings at the September 2014 event.

### Decision-Making Process

#### CBDM from 1984

Consensus exists when each member of the group can say:

1. I have had the opportunity to voice my opinions.
2. I believe the group has heard me.
3. I can actively support the group's decision as the best possible action at this time, even if it is not my first choice.

#### Ground rules

Stay open minded

Listen and share the time.

Remember to play well with others.

Don't forget why we're here.

Stay focused on the subject at hand.

Lively conversation is productive.

To agree and to disagree... that's the process.

One more time- Avoid rreeppeettiittiioonn.

It's important to start and stop on time.

NO KICKING, SCRATCHING, OR BITING ALLOWED...!

#### Consensus Process

A) Motion (idea/solution) presented, read out loud by facilitator.

B) Discussion (See \*1 below)

C) Facilitator asks for Participant Action Options (See \*2 below) on the motion.

Without objection (block) the motion passes

D) Once the decision has been made, act upon what you decide. Only reaching another consensus can change a consensus decision.

*\*1 Procedure for discussion:*

1. Define the problem or decision.
2. Figure out what must be done to reach a solution.
3. Brainstorm possible solution.(see \*3 below)
4. Discuss pros and cons attempting to narrow down the list of ideas/solutions.
5. Adjust compromise and fine tune so all members are satisfied.
6. Go back to C. (If a consensus is not reached repeat steps 1-5.

*\*2 Participant’s Action Options*

1. To Give Consent (yes)
2. To Stand Aside (abstain)
3. To Block (no)

To Give Consent. When everyone in the group (except those standing aside), says, “yes” to a motion, consensus is achieved. To give one’s consent does not necessarily mean that one loves every aspect of the motion, but it does mean that one is willing to support the decision and stand in solidarity with the group, despite one’s disagreements.

To Stand Aside. An individual stands aside when he or she cannot personally support a motion, but feels it would be all right for the rest of the group to adopt it. Standing aside is a stance of principled nonparticipation, which absolves the individual from any responsibility for implementing the decision in question. If there are more than a few stand asides, consensus has not yet been reached. The Facilitator will determine this.

To Block. This step prevents the decision from going forward, at least for the time being. Blocking is a serious matter, and should be exercised with great care. This should be done only when one truly believes that the pending proposal, if adopted, would violate the morals, ethics or safety of the whole group.

Some would say one probably has a lifetime limit of three to four blocks, So... If you frequently want to block or continually find yourself being the only one blocking, you may wish to reconsider your continuing participation in the group.

*\*3 Brainstorming Guidelines*

One good idea leads to another... Good idea.  
 “No” and “Can’t” do not exist  
 Creativity has no limits.  
 Be a part of—participate.  
 Think fast, analyze later...  
 Judging, evaluating, and criticizing is NOT brainstorming...  
 HAVE FUN

**Admin Structure**

Two Co-facilitators, Web coordinator, Secretary, and Treasurer serve two-year terms.

**Budget, Funding, and Fund Flow**

Regional donations support the zone and attendance by member delegates. Membership in the Midwest Zonal Forum is open to any interested NA member. All members present are full participants in Zonal activities. We also took over the 501(c)3 tax-exempt nonprofit organization from the Mid Coast Convention.

Meeting budget:

Co-facilitators reserve	\$210.00	\$50.00 lodging, \$30.00 meals, \$50 workshop expenses
Secretary reserve	\$130.00	\$50.00 lodging, \$30.00 meals, \$50 copies
Treasurer reserve	\$80.00	\$50.00 lodging, \$30.00 meals
Web Contact	\$80.00	\$50.00 lodging, \$30.00 meals

Meeting room	\$400.00	Up to \$400.00 for expenses
Total	\$900	Lodging, meals, meeting room

**Mission/Vision**

The Midwest Zonal Forum (MZF) is a consensus based service body that seeks to further NA’s primary purpose by facilitating communication, cooperation and growth in the Midwestern United States and NA World Services.

**Focus of Zonal Meetings**

We support the host region with whatever it schedules. We have had a multi-regional *CAR/CAT* workshop from the beginning.

**Services to Regions or Zone**

Website

**Strengths/Goals**

STRENGTHS:

AREAS FOR IMPROVEMENT:

## Data from North East Zonal Forum

### By the numbers:

Seated Regions/Communities	# of meetings
ABCD Region	250
Connecticut Region	301
Eastern New York Region	192
Greater New York Region	765
Mid-Atlantic Region	410
New England Region	528
New Jersey Region	383
Northern New England Region	172
Northern New Jersey Region	305
Northern New York Region	225
Tri-State Region	650
Western New York Region	231
<b>Total</b>	<b>4,412</b>

**Website and Contact Info:** <http://nezf.org>; [Chair@NEZF.org](mailto:Chair@NEZF.org); [ViceChair@NEZF.org](mailto:ViceChair@NEZF.org); [Secretary@NEZF.org](mailto:Secretary@NEZF.org)

**Requirements for Regional Seating:** None.

### Meeting Length, Duration, and Format

The zone meets twice a year and is hosted by each region in turn, alphabetically by name. The April 2015 NEZF meeting was held in conjunction with the inaugural North East Service Symposium. We have also held the NEZF in conjunction with MRLE (Multi-Regional Learning Event hosted by the Northern New England Region) and a few different Zone-Wide Workshops in the past.

### Decision-Making Process

Business sessions focus on specific proposals brought by member participants or committees. Proposals are submitted using the standard NEZF Proposal Form and whenever feasible, submitted to the administrative committee thirty days prior to the Zonal Forum meeting in order to facilitate scheduling, understanding, and coherent presentation.

Sharing sessions may focus on World Services issues, issues of special importance to members of the NEZF, or issues which focus on Regional matters or local concerns.

### Admin Structure

The zone elects a chair, vice-chair, and secretary to serve as an admin body. The RD of the hosting region also sits on the admin body to assist with planning the zonal forum meeting and to provide accommodation and travel information to participants. In the event that these positions are filled by members who are not also serving as RDs or RDAs they are considered “unfunded trusted servants” and we ask all member regions to contribute to those members’ costs, whenever possible.

### Budget, Funding, and Fund Flow

The host region and the next hosting region are responsible to cover the expenses of the meeting, including \$200 for secretarial expenses and the cost of maintaining the website for six months. How the delegates themselves are funded is up to their home regions. The hosting region and the next hosting region cover the costs of hosting, including secretarial expenses. Each region is asked, whenever possible, to contribute to the out-of-pocket costs of our “unfunded trusted servants.”

## **Mission/Vision**

### *Our Vision*

In the discussion of our Fifth Tradition in our Basic Text, on page 65 we read:

“The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom... Our primary purpose can only be to carry the message to the addict who still suffers because that is all that we have to give.”

Our primary purpose serves as a catalyst to all our service endeavors in the NEZF through the application of spiritual principles. We work for the joy of selfless service and with the knowledge that our efforts make a difference to the addict who still suffers. We are connected through cooperation fostered by unity, honesty, trust and goodwill.

### *Our Mission*

The mission of the NEZF is to provide a regularly scheduled time and place in which representatives of our member regions can come together to help further our primary purpose – “to carry the message of recovery to the still suffering addict.” As a unified body of NA service representatives, we have the potential to accomplish together much more than what we can accomplish individually.

It is our intention to help make recovery available to those in the regions we serve, to strengthen NA in our communities, and to reach out to other NA communities, bringing good will, recovery, conscience and our message of hope and the promise of freedom from active addiction.

## **Focus of Zonal Meetings**

The NEZF is not a decision making body. It is a solution-based discussion forum dealing with topics from groups, areas and regions. The CAR and CAT are workshopped prior to each WSC.

## **Services to Regions or Zone**

No direct services beyond the website, however we are working to change that and experimenting with methods of service delivery such as our Zone-Wide Workshops and our Service Symposium.

## **Strengths/Goals**

The zonal chair shared this personal perspective: “In short (without having asked the rest of the zone to discuss, which I would prefer to do) I would say that we are great at brainstorming and coming up with new ideas, but not so effective at seeing those ideas through to fruition. To be fair though, this does seem to be changing, as evidenced by our last meeting. This is of course my opinion and mine alone – I do not and cannot speak for the entire zone on this matter.”

## Data from Plains States Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Best Little Region	143
Iowa Region	300
Mid-America Region	265
Nebraska Region	178
OK Region	364
South Dakota Region	47
<b>Total</b>	<b>1,297</b>

### Website and Contact Info:

[www.pszfna.org](http://www.pszfna.org). There is a Contact Us page on the website and an email address for PR: [pr@pszfna.org](mailto:pr@pszfna.org).

**Requirements for Regional Seating:** We do not have a set policy for new member regions.

### Meeting Length, Duration, and Format

The Plains States Zonal Forum meets twice a year for two days. In addition the zone also meets at the WSC for a business meeting. Meetings outside of the WSC consist of workshops on Saturday with a speaker in the evening, followed by a business session on Sunday mornings. Recently each hosting region has held a PR presentation for professionals on the Friday prior to the Zonal meeting with the support of our member regions.

The Plains States Zone participated in the Multi Zonal Service Symposium and held one of their meetings at the September 2014 event. Several regions/areas have coordinated a PR day in conjunction with hosting the Zonal Forum and we provide assistance, attendance and support when/where needed.

### Decision-Making Process

CBDM: The following is from our policy.

*Definition:* Consensus Based Decision Making

Consensus is defined as the decision making process used by the PSZF in which discussion and compromise are used to reach agreement. For example, if a proposal / topic is introduced to change, or create, a practice of the Plains States Zonal Forum and consensus is not reached, the practice will continue as it currently stands or will not be implemented.

*Procedure:* Consensus Based Decision Making

- 1) Proposal / Topic is introduced
- 2) The facilitator opens the dialogue. Begin with the maker of the proposal / topic.
- 3) Clarifying questions are taken. This is when questions are asked to ensure that all participants understand the proposal / topic. This is not the time for general discussion.
- 4) Facilitator asks for concerns or reservations (General Discussion). This is when modifications may be made to the proposal / topic in an effort to address expressed reservations or concerns.
- 5) Facilitator asks for Consensus.

There are four (4) positions an RD may take on a proposal / topic.

- ASSENT: Agree with proposal / topic.
- ASSENT with RESERVATION: Although there are reservations or concerns, the individual will trust and go along with the body's decision.
- STAND ASIDE: Based in strong personal reservations which prevents support for the proposal / topic.
- BLOCK: (NO) Based on spiritual principals expressed in our Traditions or Concepts. A block must be followed by speaking to the specific Tradition or Concept, which would be violated. A block will prevent a proposal / topic from being adopted.

A block may be overridden by the body: If the validity of a block is not questioned, the block will stand and the proposal / topic is not adopted. If the validity of a block is not questioned, the body must then reach

consensus on whether the block should stand. The same process is used for this as for reaching consensus on the proposal / topic. If the block is overridden, the facilitator will again ask for consensus on the proposal / topic.

CONSENSUS is reached when 80% of the RDs Assent or Assent with Reservation. The number which represents 80% shall be determined based on the number of RDs present at the start of old business.

### **Admin Structure**

The Plains States Zone has the following trusted servant positions: facilitator, secretary, treasurer, web servant, and PR Coordinator. Some of these are filled by current RDs from member regions.

### **Budget, Funding, and Fund Flow**

The zone itself is not regularly funded by member regions. We do receive donations periodically from member regions, areas, and groups. We also fund ourselves through raffles done at our meetings. \$300 is provided to host each zonal meeting, along with about \$50 per year to host the PSZF website. We do not offer funding for any delegates or trusted servants.

### **Mission/Vision**

There is no mission or vision statement, but the PSZF website does offer this:

#### *About Us*

- We coordinate services between our member regions.
- We provide an opportunity for discussion and exchange of information on problems and issues confronting NA
- We facilitate communication, cooperation, and growth among regions in the Great Plains of the United States and NA World Services.
- We help Regional Delegates prepare for the biannual World Service Conference and learn from each other, former Delegates, and other experience trusted servants.
- We assist local NA members or communities who have questions about NA service or how to handle challenging situations.
- We conduct workshops and learning days on various topics in NA service.
- We sponsor multi-regional events with participation from NA World Services

### **Focus of Zonal Meetings**

The general format for the zonal weekend is to have workshops on Saturday that are of relevance to the local fellowship as well as to help RDs and RDAs learn about topics to bring back to their Regions. This also helps in the training of RDs and RDAs in presenting workshops. The zonal business meeting is held on Sunday. The *CAR* is the workshop topic at the meeting prior to the WSC.

### **Services to Regions or Zone**

Some services are coordinated between the member regions. One example is hosting and funding a booth in June each year at the Midwest Conference on Problem Gambling and Substance Abuse in Kansas City, MO, which is a multi-state event. Professionals from at least 4 of the 6 member regions are usually in attendance. Currently we are awaiting our member regions response to start Sponsorship Behind the Walls as a zonal project. We also continue to participate in the Multi-Zonal Service Symposium. We have primarily focused on PR and training of trusted servants as a service we help provide, and we hope to increase our website resources.

### **Strengths/Goals**

**STRENGTHS:** As a zone I believe we do the best we can in providing a service to our member regions. We seek to find the best way we can support each region as they host our zonal forums in rotation. We continue to grow in our PR efforts and are constantly looking for ways we can offer more to our regions.

**AREAS FOR IMPROVEMENT:** I would say that educating members in our regions, groups and areas about zones and our zone is probably the biggest area for improvement. Although we can always do better in anything that we do. Always room for improvement.

## Data from Rocky Mountain Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Colorado Region	313
Montana Region	122
Southern Idaho Region	75
Upper Rocky Mountain Region	118
Utah Region	94
<b>Total</b>	<b>723</b>

**Website and Contact Info:** <http://rmfna.org>. There is a Contact page on the website, or the delegates can be collectively emailed at [rmfna@googlegroups.com](mailto:rmfna@googlegroups.com).

### Requirements for Regional Seating

The only requirement for a region's membership is a desire to join the Forum.

### Meeting Length, Duration, and Format

The Rocky Mountain Zonal Forum meets annually, with an extra meeting prior to the WSC. Zonal meetings last for one day. The zone also meets at the biennial WSC. Meetings are not scheduled in conjunction with a convention or other event.

### Decision-Making Process

Consensus Based Decision Making—(Participation and Voting)

(Note: this information is provided in the unlikely event that the forum needs to conduct business or get a group conscience on an issue facing the forum)

*Definition:* Consensus Based Decision Making

Consensus is defined as the decision making process used by the RMZF in which discussion and compromise are used to reach agreement. For example, if a proposal/topic is introduced to change, or create a practice of the Rocky Mountain Zonal Forum and consensus is not reached, the practice will continue as it currently stands or will not be implemented. Procedure:

1. Proposal/topic is introduced.
2. The facilitator opens the dialogue. Begin with the maker of the proposal/topic.
3. Clarifying questions are taken. This is when questions are asked to ensure that all participants understand the proposal/topic. This is not the time for general discussion.
4. Facilitator asks for concerns or reservations (General Discussion). This is when modifications may be made to the proposal/topic in an effort to address expressed reservations or concerns.
5. Facilitator asks for Consensus.

There are four (4) positions an RD may take on a proposal/topic:

- ASSENT: agree with proposal/topic.
- ASSENT with RESERVATION: although there are reservations or concerns, the individual will trust and go along with the body's decision.
- STAND ASIDE: based in strong personal reservations which prevents support for the proposal/topic.
- BLOCK: (NO) based on spiritual principles expressed in our Traditions or Concepts. A block must be followed by speaking to the specific Tradition or Concept, which would be violated. A block will prevent a proposal/topic from being adopted.

### Admin Structure

The hosting region provides the meeting facilitator and recorder.

## **Budget, Funding, and Fund Flow**

The hosting region is responsible to cover the expenses of the zonal meeting.

## **Mission/Vision**

### **MISSION**

The Rocky Mountain Zonal Forum (RMZF) supports its regions by acting as a problem discussion and solution clearinghouse and an informational resource, to further regions' efforts to carry the message to the addict who still suffers through the principles of love and unity, thereby promoting growth so that isolation does not hinder any addict's recovery.

How we function:

- Provide a regularly scheduled time and place where representatives of the member regions come together
- Facilitate joint , multi-regional efforts which serve our member regions
- Offer suggestions for solutions to NA service concerns presented to this body
- Provide access to information and access to resources as requested (e.g. meeting lists, world registration help, literature, computer contacts, resource contacts, and computer links)
- Contacts with interested, experienced, and service-oriented addicts (resource people)
- A website ([www.rmfn.org](http://www.rmfn.org)) which has our mission statement, contact methods, topics currently posted to discuss, an activities list, an archive of our documents and a discussion of RMZF website through the traditions of NA.

## **Focus of Zonal Meetings**

Zonal meetings consist of regional reports and discussion of any zonal or current fellowship issues. The *CAR* is workshopped at the meeting prior to the WSC.

## **Services to Regions or Zone**

Website

## Data from Russian-speaking Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Western Russia Region	±750
Subtotal – meetings in seated regions	±750
<b>Unseated Regions/Communities</b>	
Far East Russia	±30
North-West Russia	±190
Siberia	±120
Ural & West Siberia	±140
Subtotal – meetings in unseated regions	±480
<b>Total</b>	<b>1,230</b>

**Website and Contact Info:** <http://na-russia.org>

### Requirements for Regional Seating

Solely the desire to join and support of other member-regions.

### Meeting Length, Duration, and Format

Russian-speaking Zone regular meetings are held once a year for 3 days. Will have a zonal convention in 2015 for the first time in our history.

### Decision-Making Process

We use “consensus minus one” procedure for our decision-making process and yes, it is quite effective.

### Admin Structure

We have RZF administrative committee: Chair, Vice-Chair (with secretary function), Treasurer plus all chairs and coordinators of RZF committees and services (currently they are LTC Chair, Literature, PR and H&I Coordinators). The RZF funds the attendance of the administrative committee at the annual RZF Assembly. Service term for all positions is three years.

### Budget, Funding, and Fund Flow

Zone is funded from two major sources – contributions from member-regions and literature distribution surcharge. We meet and draw up the budget in the summer. It was, around 500,000 rubles (\$8,000) for the year of 2014-2015.

### Mission/Vision

RZF mission is in development; it'll be about coordination and support of NA service structures in each member-region's territory.

### Focus of Zonal Meetings

PR, H&I, growth and development, internet, translations, literature distribution, and regional reports. We do not workshop the CAR or CAT (only one of our regions is seated at WSC for the moment).

### Services to Regions or Zone

Literature translation, literature distribution, H&I and PR coordination, H&I and PR annual assembly, fellowship development through participation of RZF trusted servants in regional events, and a zonal convention in 2015.

## Data from Southeast Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Alabama/NW Florida Region	460
Carolina Region	1,000+
Florida Region	1,100+
Georgia Region	855
North Carolina Region	326
South Florida Region	858
<b>Total</b>	<b>4,599+</b>

**Website and Contact Info:** [www.sezf.org](http://www.sezf.org); [info@sezf.org](mailto:info@sezf.org)

### Requirements for Regional Seating

Our Guidelines state that to be a member one must be within the Geographical boundaries of the Zone however our guidelines do not define the geographical boundaries of the zone.

### Meeting Length, Duration, and Format

The zone meets for one day once a year. Our guidelines and scheduling for meeting are under review by each of the member regions and will be revised. We will be utilizing technology for future meetings as well as face to face meetings. We will have our first virtual Zonal meeting on May 24th: time to be determined. Added input: for the past four years we have been meeting three times per conference cycle with those meetings lasting one day. Our guidelines state that we rotate the meetings among the regions in our zone and we are going to be reverting back to the implementation of these guidelines. That would mean we would meet 3x in odd-numbered years and 4x in even numbered years (with the 4th meeting being the one held at the WSC).

### Decision-Making Process

CBDM has been effective thus far as we are a small Zone with 12 RD's and AD's. I do not remember a time when we actually used the assent, block, etc. portion of our guidelines. Its effectiveness will become apparent in the near future when the proposed guidelines are brought to the table. The following describes our current process although we use assent, block, etc. very informally.

*Definition:* Consensus Based Decision Making

Consensus is defined as the decision making process used by the SEZF in which discussion and compromise are used to reach agreement. For example, if a proposal/topic is introduced to change, or create a practice of the Southeast Zonal Forum and consensus is not reached, the practice will continue as it currently stands or will not be implemented.

*Procedure:* Consensus Based Decision Making

- 1) Proposal/topic is introduced.
- 2) The facilitator opens the dialogue. Begin with the maker of the proposal/topic.
- 3) Clarifying questions are taken. This is when questions are asked to ensure that all participants understand the proposal/topic. This is not the time for general discussion
- 4) Facilitator asks for concerns or reservations (General Discussion). This is when modifications may be made to the proposal/topic in an effort to address expressed reservations or concerns.
- 5) Facilitator asks for Consensus

There are four (4) positions an RD may take on a proposal/topic:

- ASSENT: agree with proposal/topic.
- ASSENT with RESERVATION: although there are reservations or concerns, the individual will trust and go along with the body's decision.
- STAND ASIDE: based in strong personal reservations which prevents support for the proposal/topic.

- **BLOCK:** (NO) based on spiritual principals expressed in our Traditions or Concepts. A block must be followed by speaking to the specific Tradition or Concept, which would be violated. A block will prevent a proposal / topic from being adopted.

A block may be overridden by the body: If the validity of a block is not questioned, the block will stand and the proposal/topic is not adopted. If the validity of a block is not questioned, the body must than reach consensus on whether the block should stand. The same process is used for this as for reaching consensus on the proposal/topic. If the block is overridden, the facilitator will again ask for consensus on the proposal/topic.

CONSENSUS is reached when 80% of the RDs Assent or Assent with Reservation. The number which represents 80% shall be determined based on the number of RDs present at the start of old business.

### **Admin Structure**

At the WSC 2014 the RD's and AD's present elected two facilitators. Previous to that the host region provided the facilitator and Secretary of that zonal meeting, therefore there was no turnover per se.

### **Budget, Funding, and Fund Flow**

The costs associated with holding the Southeast Zonal Forum workshops are split evenly among the member regions of the Zone. There are currently no guidelines for including the Zone in our fund flow. The Zone is funded by each member Region allocating funds for zonal meetings and the like. Each member Region has the autonomy to budget the amount they deem necessary. We will also be discussing the cost of technology software and how each region will contribute to that cost. The only current SEZF guideline in place referring to funding is that zonal workshops are split evenly among the member regions. Each region funds their own delegate attendance. The proposed guidelines would create zonal trusted servants and the funding of such through a budgetary process requiring regional funding of the zone. No change to funding delegate attendance has been proposed. There is no zonal budget or treasury. This is currently under review in our proposed guidelines.

### **Mission/Vision**

The mission of the Southeast Zonal Forum is to provide a regularly scheduled time and place where representatives of the member regions come together to further our primary purpose, "to carry the message of recovery to the still suffering addict", through service oriented discussions, workshops and events. This is accurate presently however there have been some revisions to this Mission proposed and is under review by the member Regions.

### **Focus of Zonal Meetings**

The zone has a CAT workshop in February prior to the WSC. Zonal meetings also include discussion of other service and/or recovery oriented topics. This is currently accurate and may be revised after our Proposed Guidelines are returned from each member Region and consensus is reached since the guidelines propose that our December meeting before the WSC will have a zonal CAR workshop.

### **Services to Regions or Zone**

At this time we do not provide any services, however the hope is that we will provide zone-wide workshops and discussions through the use of technology (webinars, etc...). Our hope is that we will be discussing shared services and information and also discussing the possibility of a Service Symposium on a Zonal Level.

### **Strengths/Goals**

**STRENGTHS:** As of the 2014 WSC, we all agreed that our zone was in need of an overhaul and a reassessment of what direction we would like to head in order to become an effective body of service.

**AREAS FOR IMPROVEMENT:** Increased collaboration and communication and most important of all perhaps, education of the general membership of each member Region as to what a zone is, what it can provide, how it can provide it, and what the member regions want the zone to provide. We agreed that the zone could be an important place for member regions to be able to receive consistent information from each other as well as from NAWS and the WSC. A unification of the member Regions could take place and a more ubiquitous understanding amongst the member Regions could be possible. Our zone could be a place where ideas and information are shared on a level wider than just locally thereby aiding in the understanding of how interconnected each region is and how each Region's actions have an effect on the fellowship as a whole worldwide. We are actively in the process of making an improvement effort. We are on the ground floor of that effort so as usual More Will Be Revealed.

## Data from Southern Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Arkansas Region	186
Kentuckiana Region	150
Lone Star Region	715
Louisiana Region	256
Mississippi Region	195
Show-Me Region	716
Tejas Bluebonnet Region	632
Volunteer Region	427
Subtotal – meetings in seated regions	3,277
<b>Unseated Regions/Communities</b>	
Bluegrass-Appalachian Region	260
Red River Region	76
Subtotal – meetings in unseated regions	336
<b>Total</b>	<b>3,613</b>

**Website and Contact Info:** [www.szfna.org](http://www.szfna.org); [all@szfna.org](mailto:all@szfna.org)

**Requirements for Regional Seating:** None.

### Meeting Length, Duration, and Format

We meet three times per year for two days. Normally we do not meet in April. We tried a virtual meeting this April as a trial and again in May.

### Decision-Making Process

#### Decision Making and Participation

The process that the Southern Zonal Forum (SZF) uses to invite a loving Higher Power into our decision making process is consensus based rather than voting. This allows for consideration of all viewpoints. Ideas may be presented for consideration. Clarity on issues for which we would like to collect a group conscience allow for discussion. Discussion will then be heard and the facilitator may ask if we have reached an agreement. The minority opinion should always be heard and considered by all participants. Where we are not in agreement, further discussion may then be necessary.

At each SZF, we maintain a reference guide of all past actions by SZF members. These may be referred to, or reconsidered at any SZF.

The Southern Zonal Forum welcomes all addicts and is primarily comprised of RD's and their alternates, regional trusted servants, and other interested members (such as home group members, GSRs and ASC members) from each participating Region within the Southern Zone. The viewpoints of these members should always be sought and carefully considered due to the fact that they represent the fellowship in general within the SZF. Also, any NA member attending a SZF has equal participation privileges and should be encouraged to be a part of our consensus-based decisions.

Through an open exchange of ideas and experience and inviting our Higher Power in our decision making process, the SZF is able to function in a manner that will allow us to schedule future events and not detract from our initial purpose. As we evolve, we know our Higher Power will continue to guide us in our goal to be a valuable asset and resource to our member Regions, and the addict yet to come.

### **Admin Structure**

Facilitator—2 year commitment, 2 term limit

Secretary—2 year commitment, 2 term limit

Treasurer—2 year commitment, 2 term limit

SZF hosting organizer – unfunded position with logistical responsibility for SZF meeting.

### **Budget, Funding, and Fund Flow**

The zone is funded through a combination of regional donations, t-shirt sales, and a small registration fee. This supports travel reimbursements for facilitator, secretary, treasurer—2 ½ room nights (Intent is to share rooms); airfare booked 30 days in advance with economy parking for 3 days, or Mileage at \$.30 per mile, whichever is less. Cap of \$500 per admin member for travel without approval. Help from the local fellowship is encouraged.

The SZF maintains a \$2,000.00 prudent reserve. Everything above gets donated to NAWS.

### **Mission/Vision**

We meet quarterly in one of our member regions to discuss topics that affect Narcotics Anonymous as a whole. We believe that by sharing our experience, strength and hope in the service area, we can better fulfill our primary purpose. We are not a decision making body, we are solution based discussion forum dealing with topics from groups, areas and regions.

### **Focus of Zonal Meetings**

The zonal forum meetings include workshops on literature or service resources, current NAWS projects, whatever topic the hosting region has requested as training, and discussion on zonal business. There is also a CAR and CAT workshop during the January meeting prior to the WSC.

### **Services to Regions or Zone**

Workshops on requested topics.

### **Strengths/Goals**

**STRENGTHS:** Our Zone does a great job, exchanging ES&H, flow of information is great and the skills learned here are fantastic, it is a great forum for the delegates to learn and practice doing workshops.

**AREAS FOR IMPROVEMENT:** Have a way for more members to participate and we are currently working on having virtual meeting to accomplish that. We have also discussed doing some kind of public relations event in the host region before the forum meeting.

## Data from Western States Zonal Forum

### By the numbers:

	# of meetings
<b>Seated Regions/Communities</b>	
Alaska Region	86
Arizona Region	391
California Inland Region	234
California Mid-State Region	391
Central California Region	333
Northern California Region	1,400
Pacific Cascade Region	484
Region 51	234
Rio Grande Region	191
San Diego/Imperial Region	423
Sierra Sage Region	107
Southern California Region	1,500
Washington/North Idaho Region	871
<b>Total</b>	<b>6,645</b>

**Website and Contact Info:** [www.wszf.org](http://www.wszf.org)

### Requirements for Regional Seating

Any region which considers itself appropriate for membership in the WSZF is invited to participate in any and all of our meetings.

### Meeting Length, Duration, and Format

The zone meets at the biennial World Service Conference, and each year usually during January. The January zonal meeting runs from Friday evening to Sunday at noon.

### Decision-Making Process

The zone uses consensus to choose and prioritize the discussion topics for the zonal meetings.

### Admin Structure

The host region is responsible for facilitating the meeting and producing and distributing a written summary of the meeting's discussions.

### Budget, Funding, and Fund Flow

There is no fund flow to the zone. The hosting region pays for the forum meeting and the RDs are funded by their own regions.

### Mission/Vision

#### *Our Purpose*

The Western States Zonal Forum is a service-oriented sharing session that provides the means by which NA communities in the Western United States can communicate, cooperate, and grow with one another. Although not a part of NA's formal decision-making system, WSZF interacts with world services in many ways. We provide a biannual report on the floor of the World Service Conference and, when requested by the conference, may also answer specific questions or address the body. In

order to improve communications, we are provided with conference participant mailings and send each meeting record to world services. In order to more effectively serve the fellowship, world services and WSZF maintain an ongoing partnership in order to plan and conduct the worldwide workshop system in those years when it is held in our zone, and may assist each other in the coordination of a variety of service efforts such as professional events and fellowship development activities.

### **Focus of Zonal Meetings**

The RD of the region that hosts and facilitates the meeting submits topics for discussion and tentatively prioritizes them. On the Friday evening of the meeting the list of topics is displayed. Any new suggestions for topics are added, and any consensus on combining any of the topics is gathered by the facilitator. The topics are then reprioritized for discussion on Saturday morning. The meeting also includes written Regional reports. The *CAR* and *CAT* are workshopped at the meeting prior to the *WSC*. Other relevant topics may also be discussed at this meeting if time permits.

### **Services to Regions or Zone**

Website

### **Strengths/Goals**

**STRENGTHS:** The exchange of best practices was the most common choice for what the zone does well at the January 2015 workshop on the role of zones.

**AREAS FOR IMPROVEMENT:** Planning was the most common choice as the area most in need of improvement.