WELCOME

THE ASIA PACIFIC FORUM CONVENTION OF NARCOTICS ANONYMOUS IS A BI-ANNUAL EVENT THAT COMBINES THE CELEBRATION OF RECOVERY WITH SERVICE ORIENTED WORKSHOPS. EACH ALTERNATE YEAR THE APF DELEGATES THE RESPONSIBILITY FOR PLANNING AND HOSTING THE APFCNA TO ONE OF THE ASIA PACIFIC FORUM NA COMMUNITIES.


REGISTRATION

WHY DO WE NEED TO REGISTER? MONEY COLLECTED FROM REGISTRATION IS USED FOR PAYING THE VENUE WHICH PROVIDES US WITH THE MEETING FACILITIES, THE AUDIO AND VISUAL EQUIPMENT, REGISTRATION KIT, ENTERTAINMENT, MERCHANDISE, FOOD AND OTHER LOGISTICAL EXPENSES.

REGISTRATION AMOUNT: US$35, INCLUDES PROGRAM, 1D LANYARD, REGISTRATION PACK, ENTERTAINMENT, AND DINNER & SNACKS FOR 3 DAYS.

REGISTRATION AMOUNT FOR THOSE PRE REGISTERING FROM INSIDE INDIA IS INR270/PLEASE USE THE FOLLOWING ACCOUNT. (RECORD YOUR NAME, AND NUMBER OF TICKETS PURCHASED ON THE DEPOSIT FORM).

HDFC BANK
DARJEELING BRANCH, LADENLA ROAD, RINK MALL
ACCOUNT NUMBER: 50100541207722
IFSC CODE: HDFC0000454

CONTACT PERSONS

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FOR THOSE PRE REGISTERING FROM OUTSIDE INDIA PLEASE GO TO WWW.APFCNA.ORG

THE CONVENTION IS A CELEBRATION OF RECOVERY SPECIAL EVENT RATHER THAN A REGULAR SCHEDULED MEETING, SO A REGISTRATION LANYARD IS REQUIRED TO ATTEND.

WE ALSO ASK THAT YOU DO NOT BRING ANY DRUGS OR PARAPHERNALIA ONTO THE CONVENTION SITE, OR ACT IN ANY WAY THAT IS HARMFUL TO THE IMAGE OF NA AS A WHOLE Whilst ON THE VENUE PREMISES.

ABOUT DARJEELING

DARJEELING IS AMONGST ONE OF THE MOST SIGNIFICANT HILL RESORTS OF THE INDIAN STATE OF WEST BENGAL, WHICH IS AT A HEIGHT OF 2134 METERS. DARJEELING IS AN INTERNATIONAL TOURIST DESTINATION ENCOMPASSED IN AN AMPHITHEATRE OF THE MAJESTIC HIMALAYAS, TEA GARDENS, AND HERITAGE.

ADDING TO THIS IS THE RICH FLORA AND FAUNA AND ICY WEATHER, SHE PROUDLY BRAGS HER NICKNAME, ‘THE QUEEN OF HILLS’. IT IS ALSO EASILY ACCESSIBLE FROM ALL CORNERS OF THE WORLD.

ONCE A SUMMER RESORT FOR THE BRITISH RAJ ELITE, IT REMAINS THE TERMINUS OF THE UNESCO WORLD HERITAGE NARROW-GAUGE DARJEELING HIMALAYAN RAILWAY OR “TOY TRAIN,” COMPLETED IN 1881.

TRAVEL INFORMATION

BY AIR: THE NEAREST INTERNATIONAL AIRPORT TO DARJEELING IS BAGDOGRA INTERNATIONAL AIRPORT, WHICH IS A DISTANCE OF 69.2 KILOMETERS FROM DARJEELING. ONE OF THE MOST ECONOMICAL WAYS TO GET TO INDIA IS FROM SINGAPORE. THERE ARE 9 FLIGHTS FROM DELHI TO BAGDOGRA EVERY DAY. THIS SEARCH ENGINE MAY ASSIST IN FINDING FLIGHTS HTTPS://WWW.SKYSCANNER.COM.AU.

THERE ARE ALSO FEW DIRECT NON-STOP INTERNATIONAL FLIGHTS TO BAGDOGRA, HOWEVER THERE MAY SOME FROM NEIGHBOURING COUNTRIES.

BY ROAD: THERE ARE REGULAR BUS AND TRAIN SERVICES FROM DELHI, MUMBAI, KOLKOTA, AND BENGALUURU, AS WELL AS FROM NEIGHBOURING COUNTRIES INCLUDING NEPAL, BANGLADESH, AND BHUTAN.

LAND TRAVEL FROM BAGDOGRA AIRPORT TO DARJEELING CAN BE COMPLETED IN 2.5 HOURS USING A LOCAL TAXI CAB WHICH IS EASILY AVAILABLE FROM THE AIRPORT. ONE CAN ALSO BOOK A VEHICLE FROM THE HOTEL THEY HAVE BOOKED.

LAND PRICES ESTIMATE SUS

BAGDOGRA AIRPORT TO DARJEELING 69KM 2.5 HRS
345 (FULL VEHICLE)

PASUPUTI, NEPAL TO DARJEELING 29KM 1.25 HRS
350 (FULL VEHICLE)

KAKARIVITA, NEPAL TO DARJEELING 85KM 4.5 HRS 555 (FULL VEHICLE)

JAIAGO, BHUTAN TO DARJEELING 178KM 5 HRS 575 (FULL VEHICLE)

COURAGE TO CHANGE

“GOD, GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE, THE COURAGE TO CHANGE THE THINGS I CAN, AND THE WISDOM TO KNOW THE DIFFERENCE.”

SERENITY PRAYER

RECOVERY INVOLVES CHANGE, AND CHANGE MEANS DOING THINGS DIFFERENTLY. THE PROBLEM IS, MANY OF US RESIST DOING THINGS DIFFERENTLY, WHAT WE’RE DOING MAY NOT BE WORKING, BUT AT LEAST WE’RE FAMILIAR WITH IT. IT TAKES COURAGE TO STEP OUT INTO THE UNKNOWN, HOW DO WE FIND THAT COURAGE?

WE CAN LOOK AROUND OURSELVES AT NA MEETINGS. THERE, WE SEE OTHERS WHO’VE FOUND THEY NEEDED TO CHANGE WHAT THEY WERE DOING AND WHO’VE DONE SO SUCCESSFULLY, NOT ONLY DOES THAT HELP QUIET OUR FEAR THAT CHANGE AN ANY CHANGE—SPILLS DISASTER, IT ALSO GIVES US THE BENEFIT OF THEIR EXPERIENCE WITH WHAT DOES WORK, EXPERIENCE WE CAN USE IN CHANGING WHAT DOESN’T.

WE CAN ALSO LOOK AT OUR OWN RECOVERY EXPERIENCE, EVEN IF THAT EXPERIENCE, SO FAR, HAS NOT KNOWN THE USE OF DRUGS, STILL WE HAVE MADE MANY CHANGES FOR THE GOOD, WHATEVER ASPECTS OF OUR LIVES WE HAVE APPLIED THE STEPS TO, WE HAVE ALWAYS FOUND SURRENDER BETTER THAN DENIAL, RECOVERY SUPERIOR TO ADDICTION.

OUR OWN EXPERIENCE AND THE EXPERIENCE OF OTHERS IN NA TELL US THAT “CHANGING THE THINGS I CAN” IS A BIG PART OF WHAT RECOVERY IS ALL ABOUT. THE STEPS AND THE POWER TO PRACTICE THEM GIVE US THE DIRECTION AND COURAGE WE NEED TO CHANGE. WE HAVE NOTHING TO FEAR.

JUST FOR TODAY: I WELCOME CHANGE, WITH THE HELP OF MY HIGHER POWER, I WILL FIND THE COURAGE TO CHANGE THE THINGS I CAN.

PG 274; JUST FOR TODAY, DAILY MEDITATIONS FOR RECOVERING ADDICTS