

POKHARA ASC OF NA



CELEBRATION 23 YEARS OF NA IN POKHARA
JULY 8,9&10 2023

PAACNA - XV

REGISTRATION RS. 2500 ONLY

**INCLUDING WITH
(3 DAY TIFFIN & DINNER)**

**VENUE : HOTEL KUTI (BLOCK 2)
LAKESIDE-6, POKHARA, NEPAL**

MORE INFORMATION

CHAIR	9801935338
REGISTRATION	9807208045
VENUE AND CATERING	9805811486
INFORMATION	9820600954
HOTEL AND HOSPITALITY	9829112364
SECRETARY	982-9100890



POKHARA AREA CONVENTION

THEME "LOVING OURSELVES"

Many of us came to the rooms of NA battered and broken apart, full of secrets we planned to take to the grave. We couldn't keep a job. Our health was terrible. We couldn't bear to see that look in our parents' eyes one more time. But, hey, we're clean now. Yes! We are done with using and more than happy to move on.

But what's this "secrets keep you sick" thing we keep hearing? We just want to put the past behind us, and instead, we're encouraged to tell some sponsor about it? We can share some of it, but not that. Oh, hell, no! No one can ever know that. And "loving ourselves"?

Does that mean I have to look in the mirror and say nice things? Is this a requirement?

For many of us, our sponsor is the first -and perhaps only-person who hears about our darkest actions toward others, our insane thoughts and behaviors, and our deep pit of self-destructiveness. The shame and self-hatred we feel are met with empathy and patience.

Our sponsor's loving response and commitment to loving us helps us to understand, a bit at a time, that we are deserving of love. We start to organize the mess we made of our lives as we work the Steps. We know we can tell our sponsor anything, and we know we have to in order to stay clean.

Gazing at ourselves in the mirror and blowing loving kisses at our reflection is not a requirement of NA membership. But, after sustained exposure to the love and acceptance freely given to us by our sponsor, the thought of doing so might make us far less uncomfortable than it would have on day one.

I will thank my sponsor for loving me unconditionally. Today I truly can say that I am on the road to loving the person I've become in NA.

ABOUT PAACNA-15

Foremost, we are grateful to the members who initiated and paved a way for us to this wonderful NA program in Pokhara area, the members who continued to keep us strong and growing and every members who are contributing to keep it alive and united today. This is the 15th edition of Pokhara Area Annual Convention of Narcotics Anonymous. While the celebration of our anniversary and unity remains the obvious objectives, this has always been an opportunity to practice our primary purpose of carrying the message. Thus the majority of the decisions and plannings of PAACNA 14 as per group conscience has been focused on attracting and accommodating newcomers as well as maintaining atmosphere of recovery in terms of economy, schedule and program design. We are also trying to involve by putting more of our efforts in bringing the growth of the fellowship of area which highlights an area convention concept and are optimistic that this approach will be welcomed and supported. We heartily welcome members from all around the NA community to be a part of this event and celebrate it together.

United we stand, united we grow.

COMMITTEE DETAILS

- | | |
|--------------------------------|------------------------|
| 1. Convention Chair: | Suman P., 9801935338 |
| 2. Information Chair: | Dipak D., 9820600954 |
| 3. Registration Chair: | Nirmal P., 9807208045 |
| 4. Venue & Catering: | Mission M., 9805811486 |
| 5. Hotels & Hospitality Chair: | Samir N, 9829112364 |

REGISTRATION CONTRIBUTION

Registration Cost: Nrs 2500/- (Including Program + 3 Tiffin + 3Dinner

A/C No.: 01001200453762000001

A/C Name: Nabin Thapa, Suwan Paija & Shiva Neupane

Bank Name: Shangri-la Development Bank

Branch: Zero K.M., Pokhara

MEETING LIST OF PKR ASC

Day	Home Group	Venue	Time
Sun	NA Pokhara	Nabin Higher Secondary School, Pokhara-4 Gharipatan	5 - 6:00 PM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	6:45 - 8 PM
Mon	Gods Will	Ward No-11, Yawan Fulbari	4 - 5 PM
	Na Lamjung Hope	Universal Academy Barding School Lamjung Bazar, Lamjung	4:30 - 5:30 PM
	Fath Home Group		4 - 5 PM
Tue	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	7:00 - 8:45 PM
	Born Again		4:30 - 5:30 PM
	Life Saving Message	ASC	6 - 7:30 PM
Wed	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	8 - 9:15 PM
	School of Recovery	Chirka-12, Tanahun	3:15 - 4:15 PM
	Nirvana	ASC Hall (Bindabasini Chowk)	4:30 - 5:30 PM
Thur	Evening Fellowship	Saamudayik Prahari Sewa Kendra Hallanchowk, Lakeside, Pokhara	6 - 7 PM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	7:45 - 9 PM
Fri	Miracle	Chhorepatan Higher Sec. School Pokhara-17, Chhorepatan	5 - 6 PM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	7 - 8:30 PM
Sat	New Begining	Dharmasthal Lower Secondary School Pokhara-5, Parsyang	5:30 - 6:30 PM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	12:45 AM to 2:00 AM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	8:30 - 9:45 PM
Sat	Missing Member	Bahudashya Bhavan, Kharay, Lakeside	8 - 9:15 AM
	Freedom H.G	Janapriya Multiple Campus, Ratmadowk	4:30 - 5:45 PM
	God's Will HG	Jana Bikash Ucha Ma. VI, Lamjung Bazar	8:30 - 9:30 AM
	NA Daumali	Adhikabi Bhanubhakta Campus, Daumali	9 - 10 AM
	Online Nepali Meeting	Zoom ID: 9943081728 Password: 2014	9:45 - 11 AM
	Online Female Meeting	Zoom ID: 82822063561 Password: Female	6 - 7:15 PM



Pokhara Area Annual Convention of Narcotics Anonymous-XV

Date: July 8, 9 & 10, 2023

PAACNA-XV

Host:

Pokhara Area Annual Convention of Narcotics Anonymous



E-mail: pokhara.asc014@gmail.com

Helpline: +977-9806608808

Kuti Resort Block (B) Lakeside, Pokhara

CONVENTION VENUE



Kuti Resort & Spa welcomes you in Pokhara, the wonderful lakes, mountains & hills destination. Our beautifully designed hotel is tucked quietly just around the corner of Phewa Lake in a walking distance of 5 minutes. Shopping, dining & entertainments are all just minutes away. Resort reflects the true values of warmth with service excellence offering 90 stylish well-appointed spacious guest rooms including suites, on-site dining options serving multi cuisine, Three modern well equipped meeting halls accommodating 800 people at a time, parking facilities, Indoor heated swimming pool ,Gym, Spa and high speed wireless internet connectivity with our compliments . Glorious & mesmerizing views of Phewa lake, mountains & green hills from the balcony of your room awaits your arrival at Kuti Resort & Spa.

Whether it's a vacation, meeting or social occasion Kuti Resort & Spa is undoubtedly a premier Choice.

CLIMATE

Daily high temperatures decrease by 3°F, from 88°F to 85°F, rarely falling below 81°F or exceeding 92°F.

Daily low temperatures are around 73°F, rarely falling below 71°F or exceeding 75°F. The highest daily average low temperature is 74°F on July 9.

For reference, on May 30, the hottest day of the year, temperatures in Pokhara typically range from 69°F to 90°F, while on January 20, the coldest day of the year, they range from 46°F to 67°F.

HOW CAN YOU REACH

By Airs: Direct Flights are available to Kathmandu from Pokhara

By Roadways: There are regular bus service from different cities like Kathmandu, Pokhara, Birgunj, Nepalgunj, Limbini, Dhangadi to surkhet with day night services.

From India: Regular Bus and Air Bus .

From Pokhara Buspark to Venue: You will easily get and taxi and bike for the venue from Pritihivichowk Buspark. (Its 2.7km from Pritihivichowk Buspark and 6.8km for International Pokhara International Airport

VENUE MAP



NOTE AND APPEAL

Please abstain from carrying any drugs or drugs related paraphernalia in to the convention site. This is the celebration of recovery. Please do not gamble in the venue and misbehave or act anyway that is harmful to the image of NA as a whole.

PLACE ATTRACTION & INTEREST



Bindhyabasini Temple

The Bindhyabasini Temple is the oldest temple in the city of Pokhara, Nepal and is located in Ward No. 2, Miruwa. It regularly attracts a large number of locals, Nepalis from across the country and foreigners alike. The main temple is devoted to goddess Bindhyabasini, a Bhagawati who is the incarnation of Kali

Pumdikot Shiva Statue

Pumdikot is a hill station near Pokhara in Kaski District of Gandaki Province in Nepal. The place has a viewpoint at an altitude of 1500 meters above sea level, and has the second tallest statue of Shiva in Nepal. The statue is part of a larger plan that is currently underway, which will include construction of Martyr's memorial park, a model of mount Sumeru featuring Shiva and Parvati and ensuring that the entire park is accessible to persons with disabilities.



Devi's Fall

Devi's Falls is a waterfall located at Pokhara in Kaski District, Nepal. The water forms a tunnel after reaching the bottom. This tunnel is approximately 500 feet long and runs 100 feet below ground level. On 31 July 1961, a Swiss couple went swimming but the woman drowned in a pit because of the overflow.

Fewa Lake

Phewa Lake, Phewa Tal or Fewa Lake is a freshwater lake in Nepal formerly called Baidam Tal located in the south of the Pokhara Valley that includes Pokhara city, parts of Sarangkot and Kaskikot.

