

WEST SIDE STEPS CHAIRPERSON FORMAT

- Hello, my name is _____ and I'm an addict. Please help me open this meeting with a moment of silence, followed by the Serenity Prayer.
- Welcome to West Side Steps. We meet every Wednesday at 5:30 pm.
- Can we have a friend read Who Is an Addict?
Can we have a friend read What Is the Narcotics Anonymous Program?
Can we have a friend read Why Are We Here?
Can we have a friend read How It Works.
Can we have a friend read The 12 Traditions.
- Is there anyone here for the first time, out of town, a rehab, detox, or back from a relapse who would like to introduce themselves to the group? This is not to embarrass you, just to get to know who you are. Welcome to all.
- The Third Tradition states, the only requirement for membership is a desire to stop using.
- This is a program of suggestions:
 - 1) Make 90 meetings in 90 days.
 - 2) Get a sponsor (another recovering addict who can guide you through this program).
 - 3) Read the literature (we have free literature on the table).
 - 4) Get phone numbers, and dial them, don't file them.
 - 5) Stay away from people, places and things.
 - 6) Marry a slogan and date them all. Some of our slogans include, Let Go and Let God, One Day at a Time, and, If You Don't Pick it Up, You Can't Get High.
- The ground rules for this meeting are:
 - 1) We have flyer announcements on the table (feel free to take one, however, if there is only one flyer, please jot down the information and leave the flyer so someone else can get the information as well).
 - 2) Please be mindful of profanity, this is a church.
 - 3) If something breaks, please let one of the trusted servants know.
 - 4) Please take this time to turn your cell phones off, or put them on vibrate.
 - 5) If you must answer your phone, please step outside and away from the building.
 - 6) This group has a five minute sharing policy. When you hear the bell (after four minutes) please wind down your sharing. When you hear the bell a second time please shut it down. Part of sharing is sharing time.

- The format of this meeting is:
 - Week One – Beginner's.
 - Week Two – Step (rotating 1-12 bi-monthly, we read from the Basic Text).
 - Week Three – Step (rotating 1-12 bi-monthly, we read from the Basic Text).
 - Week Four – Tradition (rotating 1-12 monthly, we read from It Works How and Why).
 - Week Five – Personal Anniversary, or Spiritual Principle (speaker picks from grab bag).
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- Introduce the speaker and topic.