Objectives: Get people thinking about the importance of spiritual principles, give newer members a better idea of what they are and how to live them in their lives, interact with others and feel like they have participated.

Material: paper (notepads), pens, white boards, markers, ground rule handouts

I. Introduction (10 minutes)
   a. Ourselves
   b. This workshop will be about exploring spiritual principles: what they are, learning more about them, how we can live them, how we are living them
   c. Working the steps and applying the traditions are a great way to get familiar with spiritual principles; they are in every step and tradition
   d. We will be discussing, writing and sharing throughout the workshop
   e. Everyone else introduce themselves and where they are from (Area &/or town)

II. Number off into small groups (5 minutes)

III. Large group brainstorm (5 min)
   a. Name some principles (write on large pad)

IV. In small groups discuss (15 min)
   a. a principle that is working in your life
   b. one that you would like to know more about
   c. now that you’ve talked about some principles, put a principle on a paper that you would like to discuss more
   d. each group draws a principle out of a hat

V. In small groups write (5 + 15 min)
   a. discuss in small group the principle to define and explore it
   b. each person write about what the principle means to you, your experience, or what you’d like to learn

VI. In small group summarize, share and have recorder take notes (10 min)
   a. Explain facilitator, recorder and reporter role and have them pick one for each
   b. Each shares their thoughts on the principle their group has written about
   c. Think of a few things that they would like to share with the large group

VII. In large group – all groups share ideas, thoughts, experiences (20 min)
   a. The reporter from each group shares w/ the whole group
   b. We record on big pad

VIII. Wrap-up (5 min)
   a. What are some ways you see you could incorporate more principles into your life?
   b. Close w/ prayer