

Objectives: Get people thinking about the importance of spiritual principles, give newer members a better idea of what they are and how to live them in their lives, interact with others and feel like they have participated.

Material: paper (notepads), pens, white boards, markers, ground rule handouts

- I. Introduction (10 minutes)
 - a. Ourselves
 - b. This workshop will be about exploring spiritual principles: what they are, learning more about them, how we can live them, how we are living them
 - c. Working the steps and applying the traditions are a great way to get familiar with spiritual principles; they are in every step and tradition
 - d. We will be discussing, writing and sharing throughout the workshop
 - e. Everyone else introduce themselves and where they are from (Area &/or town)
- II. Number off into small groups (5 minutes)
- III. Large group brainstorm (5 min)
 - a. Name some principles (write on large pad)
- IV. In small groups discuss (15 min)
 - a. a principle that is working in your life
 - b. one that you would like to know more about
 - c. now that you've talked about some principles, put a principle on a paper that you would like to discuss more
 - d. each group draws a principle out of a hat
- V. In small groups write (5 + 15 min)
 - a. discuss in small group the principle to define and explore it
 - b. each person write about what the principle means to you, your experience, or what you'd like to learn
- VI. In small group summarize, share and have recorder take notes (10 min)
 - a. Explain facilitator, recorder and reporter role and have them pick one for each
 - b. Each shares their thoughts on the principle their group has written about
 - c. Think of a few things that they would like to share with the large group
- VII. In large group –all groups share ideas, thoughts, experiences (20 min)
 - a. The reporter from each group shares w/ the whole group
 - b. We record on big pad
- VIII. Wrap-up (5 min)
 - a. What are some ways you see you could incorporate more principles into your life?
 - b. Close w/ prayer