

2014-2016 IDT—Planning

Room Set-up—Tables with 8–10 seats each.

Session materials—Large sheets of paper and markers for the front of the room. On each table: note sheets and pens, Brainstorming Guidelines, Suggested Ground Rules, Facilitator Instructions, A Vision for NA Service, Planning Basics, and the Traditions and Concepts summary handout.

Title—Slide 1

Purpose of Session

- Inspire members to want to plan and even get excited about planning.
- Provide members an opportunity to experience the benefits of a planning process
- Consider ideas for using planning tools while serving local communities.

Session Outline

Introduction	10 minutes
Ice Breaker	15 minutes
Small Group Exercise	50 minutes
Wrap-up	10 minutes

Introduction

10 minutes

Vision—Slide 2

Touch on A Vision for NA Service – why we do what we do, and our common goal. This is our future as a fellowship.

So, Why Plan?—Slide 3

So, Why Plan?

- Helps us do more effectively what we are already doing
- Allows groups to direct the actions of area or local service bodies.
- Moves us toward the NA community we want to be...to realize our vision for the future of our service body and NA community.

Icebreaker—Slide 4

We have an icebreaker exercise that may help us with the idea of planning as most of us plan in our everyday lives. We might plan a camping trip or our weekly budget and grocery expenses, for example.

Small Groups: Take turns sharing an example from your personal life when you made a plan and it worked well. Ask for a few groups to report back their example.

We can apply the same process to service. Many of us may have experience with planning from learning days and activities.

Here are a few examples from members who have used planning to rethink and reimagine service delivery. (Review the quotes on the slides.)

Planning Experience—Slide 5**Sweden—Slide 6****USA—Slide 7****Russia—Slide 8****Small Group Discussion Process—Slide 9**10 minutes

Introduce/review the small group discussion process including Brainstorming Guidelines, Suggested Ground Rules, and Facilitator's Instructions. Each table should choose a facilitator and a recorder.

If you are doing this at an event like a convention where people are from different places, everyone will have to pretend they are from the same service body. In that case, the small group can choose what service body it is, for instance ASC, LSC, RSC, etc.

What do you want...10 years from now?—Slide 10

Ask each group to close their eyes and consider **what do they want their service body to look like ten years from now?** (Facilitator can provide an example—for instance, all groups attend service committee meetings, etc.)

Decide on a goal—Slide 11

20 minutes

Ask the small groups to go round robin and take turns sharing what they want their service body to look like in ten years. Be as specific as possible. The recorder should write down all of the ideas on a large post-it note.

Once all ideas are captured, ask the small group to decide which idea is most important to focus on **first**. Ask members to put a dot next to the idea they believe needs to be focused on first. The one with the most dots is their number one goal.

How could we get there?

Identify actions/steps—Slide 12

20 minutes

Now that each small group has identified their **number one** specific idea —what they feel they should focus on first to move toward their vision of their service body in ten years—ask them to identify specific actions/steps that need to be taken to accomplish their goal.

Small Group Feedback—Slide 13

Ask a few small groups to report back to the full group the steps they identified to achieve their goal (first step toward their vision of service body in ten years).

In NAWS resources you will find what an action plan is—the what, who, when, and how much. This session is meant to introduce the concept of planning and for taking next steps with planning. Please take the opportunity to review our resources.

Wrap up

10 minutes

Why Plan?—Slide 14

Why plan? Are you kidding me?

Tell participants that the way they worked during this workshop is a planning process. Did you have any fun? This planning exercise is simple, yet even simple can be helpful. Every goal we have for ourselves or for service requires a plan.

- We plan in our everyday lives and we can apply planning to our service efforts.
- A plan is a path to help us achieve our service goals; it is a sort of road map to our destination.
- For many years members have shared that lack of trusted servants or lack of interest in service is a major challenge. If you have not tried planning, try it and see if it helps to improve interest and involvement.

- Planning helps us do more service effectively in our efforts to carry the message of recovery

Resources—Slide 15

Remind everyone that there are many tools, in fact a toolbox full of resources, available on www.na.org/servicesystem and www.na.org/?ID=handbooks-handbook-index.

Encourage members to consider having a Planning workshop locally and to share any input or additional thoughts with NAWS, worldboard@na.org.

Remind members that we have a project to draft a Traditions workbook this cycle, and we need their participation. They can find more information, a discussion board, and workshop materials on the project webpage: www.na.org/traditions.

Note to facilitator: Please send any input on these Issue Discussion Topic questions to worldboard@na.org. Session profiles and resources are available at www.na.org/IDT