Unity is a practice of love.

*Living Clean: The Journey Continues*

Chapter Seven—“The Journey Continues”

Inspired by our primary purpose, we will join together to reflect on our worldwide fellowship and the addict who still suffers. You may have an event, join together with friends, or just take a moment to yourself as NA members around the world share the Serenity Prayer on this day of unity. No telephone link, no big event—just a moment and a prayer.

If a 3:00 am gathering isn’t practical for you, at some point on 1 September (hopefully in a meeting), feel the love of NA unity with a moment of silence, a prayer, a sharing of NA energy—inspired by our primary purpose.

A sampling of worldwide times for Unity Day

- 5:00 am New Zealand ● 6:00 am Samoa ● 7:00 am Hawaii, US
- 8:00 am Aleutian Islands, US ● 9:00 am Alaska, US ● 10:00 am California, US
- 11:00 am Edmonton, Canada ● 12:00 pm Mexico City, Mexico ● 1:00 pm New York City, US
- 2:00 pm Rio de Janeiro, Brazil ● 3:00 pm Greenland ● 4:00 pm Cape Verde
- 5:00 pm (GMT) Greenwich ● 6:00 pm London, United Kingdom ● 7:00 pm Warsaw, Poland
- 8:00 pm Tel Aviv, Israel ● 8:30 pm Tehran, Iran ● 10:00 pm Karachi, Pakistan
- 10:30 pm India ● 11:00 pm Bangladesh
- (31 August) 12:00 am Thailand ● 1:00 am China ● 2:00 am Korea
- 2:30 am Northern Territory, Australia ● 3:00 am Sydney, Australia ● 4:00 am Russia (Zone 9)

For more information visit www.na.org or call 818.773.9999