



**March 2018  
newsletter**

The 2018 Delegates Sharing Session is a unique time and place to build unity, learn more about each other and our service bodies, and directly exchange experiences and ideas.

Our Delegates Sharing Session is the result of a 2014 WSC proposal brought to life by a workgroup of fellow Conference participants. Your input on a survey helped create the session and newsletters like this one to help delegates navigate Conference season and prepare for the WSC.

**G**ood NA leaders do not think they have to do everything themselves; they ask for help, advice, and direction on a regular basis.  
*Twelve Concepts for NA Service,  
Fourth Concept*

## Unity Day

### “The meeting before the meeting”

The day before the WSC officially opens (28 April) is a full one. We'll gather during the day and into the night with local members for

- Open house and lunch at the World Service Office
- Workshop: Our Solutions
- Optional WSC orientation session (for Conference participants)
- NA history presentation
- International recovery speaker meeting
- World Market featuring NA products and memorabilia
- Dance hosted by the West End Area Service Committee.



So, check in at the WSC registration desk as soon as you can to get your badge and materials for the week ahead—and enjoy your time together on Saturday!

## Delegates Sharing Session: Discovering Our Common Ground

Business is business, but we know that coming together as fellow NA members helps us build strong bonds and move through the Conference week in unity. So, after our first full day of business on Sunday, the Delegates Sharing session Sunday night is our time to connect personally and spiritually. We'll meet for the first time in the breakout rooms we'll be assigned to for the week, so this is the perfect opportunity to get connected and comfortable with the folks we'll be spending a lot of time with during the Conference.



## Being a delegate...

As Conference participants, we consider the conscience of all regions, not just our own. Even those of us who carry specific votes from our regions don't arrive at the WSC with direct input from our regions on everything. That's why we're called delegates: we have been entrusted with and delegated the responsibility of acting and making decisions on behalf of our regions. So, we consider each motion, proposal, discussion, and idea together with other delegates, and we consider what will best benefit the NA Fellowship as a whole. This can be a hefty and frightening task, but relax—you are not alone. We are doing this together, united for the Fellowship as a part of our worldwide conscience.

## Watch your language

English is the official language of the WSC, but English is not the first language for many participants, and some don't speak English at all. As someone speaks at the Conference, the non-English speakers must first hear the words in English and then in their own language—either through an interpreter or by interpreting the words into their own language. Once that's done, they have to process their understanding of a topic, vote, or comment. It's a complex and demanding process, so be thoughtful of members whose first language is not English because translating in your head to your first language can be as difficult—and often more tiring—as having an interpreter. So, please, speak clearly and slowly.

**W**e apply the Sixth Concept when we listen not just to the words our fellow members speak but also to the spirit behind their words.

*Twelve Concepts for NA Service,  
Sixth Concept*

**U**nity is not just a feeling; it's a decision that shapes our actions and our attitudes.

*Guiding Principles:  
The Spirit of Our Traditions,  
Tradition One*

## ...at the WSC

The WSC is a unique and splendid event—and it's highly demanding in many ways. We work together for the common good of NA, so there are naturally a lot of dynamics in play. Some of us are very assertive members; others are shy, some are overwhelmed—and some are overwhelming! We need to take care of ourselves and each other. Some of us who have been to the WSC suggest:

- Ground yourself: eat well, get adequate sleep, and exercise regularly.
- Be considerate of members at their first WSC. There is a lot of pressure and it can be very stressful.
- Explain your points clearly and concisely, and make it inviting for others to ask questions.
- Practice patience, selflessness, trust, humility, and—of course—honesty, open-mindedness, and willingness.
- Try to keep your attention on the Conference and NA-related business; there's a lot to keep up with and outside distractions can challenge our focus.
- Mentorship is always important. It's natural to be with your RD or AD, but try to spend as much time as possible with others to exchange ideas and thoughts and to learn from each other.