**Afri-can Zonal Forum**

1 seated region  
15 unseated regions*  
326 meetings  

**member regions include**  
Botsvana*  
Cape Verde Islands*  
Ethiopia*  
Ghana*  
Kenya*  
Lesotho*  
Liberia*  
Mozambique*  
Namibia*  
Nigeria*  
Rwanda*  
South Africa  
Tanzania*  
Uganda*  
Zanzibar*  
Zimbabwe*

**Established**  
2013

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**INFORMATION**

**Vision/Mission/Purpose**

**Our vision** is that all addicts in Africa have the opportunity to experience the NA message of recovery in their own language and culture.

**Our mission** is that the Afri-can Zonal Forum is a service body created by the NA regions in Africa to provide a forum for African regions to communicate and cooperate with one another through:

- Sharing experiences and resources
- Enhancing and encouraging unity and mutual support so that the regions can nurture and sustain the growth of NA in Africa
- Collaborating with other NA service bodies

**Our purpose** is:

- To support NA Fellowship development projects in the African regions
- To encourage and maintain effective communication among member regions
- To enhance connectivity and promote the shared sense of responsibility to those that we serve

**Focus/Services**

Currently, the focus of the Afri-can Zonal Forum is understanding the challenges and receiving feedback from the regions on the progress and implementation of any Fellowship development projects.

They have hosted a Fellowship development workshop and are in the process of organizing a PI workshop.

They are planning a virtual conference in early 2023 where they will have elections and address the agenda to include regional and zonal objectives for the next 2-year cycle. Objectives like strategic planning and CAR/CAI workshops. It is their hope that including these in the agenda will ensure that going forward they will have more review and input.

During the pandemic, some member regions were able to introduce virtual meetings using the NAW’s Zoom account.

**SUCCESSES**

The AZF feels that given its challenges, to continue functioning as a zone is a tremendous indication of carrying the message to the still suffering addict.

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**Chair:** Open  
azf.chairperson@gmail.com

**Vice-chair:** Gogs T. (Namibia)  
azf.vicechairperson@gmail.com

**Secretary:** Nkele S. (South Africa)  
azf.secretary@gmail.com

**Zonal Delegate:** Open

**ZD Alternate:** Gogs T.

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**COLLABORATION**

Although the zone does not officially provide collaboration opportunities, the zonal forum meetings do help member regions understand the needs of other regions. Some member regions have taken the initiative to assist with Fellowship development in neighboring regions.

South Africa helped Namibia and Zimbabwe with posters and Afrikaans literature. Namibia helped Botswana with literature and Group Starter Kits.

Mozambique had the opportunity to work with the Brazilian regions for interpreters and assistance with Fellowship development workshops.

**FINANCIAL**

All zonal expenses are funded by NAWS for the annual in-person meeting. The chair and vice-chair are funded to attend.

Each African region elects a delegate and alternate and they are both funded. Both attend the annual AZF meeting and one or both participate in the virtual meetings. They are elected by their individual NA communities, regardless of level of local service structure, and participate in attendance, right to speak, taking part in consensus process, and voting.

Any costs related to attending the virtual meetings is the responsibility of the trusted servants and delegates.

**CONCERNS**

The AZF has few trusted servants. They feel a key issue is Fellowship development in their regions so they can mentor members in service and practice trusted servant rotation.

They are in desperate need of developing a service infrastructure for the newer regions and those that are still developing.
SNAPSHOT OF THE ZONES OF NA

Asia Pacific Forum

9 seated regions
21 unseated regions*
24,628 meetings

member regions include
Afghanistan*
Aotearoa New Zealand
Australia
Bahrain*
Bangladesh*
Bhutan*
Cambodia*
China*
Guam*
Hawaii
Hong Kong*
India (SOSONA)
Indonesia*
Iran
Japan
Kuwait*
Malaysia*
Maldives*
Nepal
NERF
Oman*
Pakistan (North & South)*
Philippines
Saudi Arabia*
Singapore*
South Korea*
Thailand*
UAE*
Vietnam*

Zonal Meetings
In-person
once a year
(4 days long)

Established 1992

INFORMATION

Focus
The main focus of the APF is to support unseated communities to establish a service structure that delivers PR, H&I, workshops, and quality communications to groups, so they can apply for WSC seating.

Since the initial long-term plan (2016–2021), no further strategic planning has been carried out. There is a newly elected Strategic Planning chairperson to continue the work.

They conduct both in-person and virtual CAR workshops.

Services
These are the current workgroups of the APF:

Fellowship Development Workgroup: Encourages and supports member communities by coordinating workshops, learning days, and meetings. Organizes trips and outreach to member communities.

PR Workgroup: Uses different external and internal strategies including continuing to work with NAWS and other Zonal Forums. Establishes and maintains an increasing number of relationships with institutions and agencies within the APF communities. Organizes virtual workshops for member communities to help them do PR locally.

Merchandise Workgroup: Produces different kinds of APF merchandise and sells them in communities and at events including at the WSC. Assists APFCNA with merchandise.

Newsletter Workgroup: Gathers NA news, stories, sharing, and event information within the zone and from different zones to publish in a bi-monthly newsletter.

Web & Technology Workgroup: Continuously explores different means of technological support which will provide better communication and secure information.

Strategic Planning Workgroup: Provides leadership with regard to planning. Monitors and reviews strategies assigned to each workgroup on an ongoing basis.

Women’s Fellowship Development Workgroup: This workgroup is dedicated to FD for women. They encourage, support, and raise awareness of and for women in recovery across the communities within the zone. They are currently working on learning workshops, literature for women, and sponsorship.

Incorporation Workgroup: Helps ensure APF compliance with Aotearoa NZ charities commission and produces the yearly performance report.

Guidelines Review Workgroup: Reviews the APF guidelines for submission at annual meeting.

COLLABORATION

The APF workgroups allow member regions to collaborate together on projects. Mentoring from the more experienced communities takes place through the shared participation of workshops.

Although they do not presently coordinate services with other zones, they do keep in regular contact with the European Delegates Meeting.

FINANCIAL

Their annual budget is $30,000–$40,000 (annual meeting: $24,000–$28,000) and is funded from member communities, profit from merchandise sales, and the APF Convention. The administrative committee is fully funded to attend. Delegate teams are funded by their regions; however, developing communities can request funding help.

EVENTS

The APF meeting usually occurs right before a local convention or the APF Convention (which is held every other year).
Autonomy Zonal Forum

3 seated regions
0 unseated regions
1,398 meetings

Established 1992

member regions include
Central Atlantic
Chesapeake & Potomac
Free State

Zonal Meetings
Virtual
twice a year
(average length 2 hours)

Hybrid
twice a year
(2 days long)

Consensus-Based
Decision Making

Trusted servants
2-year terms

www.autonomyzonalforum.org
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Secretary: Open
secretary@autonomyzonalforum.org
Treasurer: Open
treasurer@autonomyzonalforum.org
Zonal contacts: Patricia J. (C&P)
David H. (Central Atlantic)
AZF-contacts@autonomyzonalforum.org

MISSION AND PURPOSE
The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:
- Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole.
- Train, mentor and/or inform participants about the Fellowship of Narcotics Anonymous.

The Autonomy Zone is ultimately responsible to the groups it serves, inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

Focus/Services
The Autonomy Zone discusses regional issues, collaboration with other zones, current Information Discussion Topics, NAWS issues, AZF guidelines, web site, and conference participant webinars. They have strategic planning in their guidelines but have not yet implemented them.

The AZF presents CAR/CAT workshops at their 2-day weekend events. They usually have World Board presenters and all are welcome to attend and participate.

All AZF projects, task teams, and workgroups invite members to join and participate in the activities. Past workshops include revisions to Informational Pamphlet The Loner, virtual meetings, CBDM, and other workshops to disseminate information.

CHANGES/SUCCESSES
From 2022 to 2023, The Autonomy Zone lost two of their member regions: Eastern Pennsylvania Region (which was disbanded as a region) and Greater Philadelphia.

The AZF has consistently been a resource of information and mentorship throughout the zone. Their biennial workshops provide tools for Fellowship development, discussions on IDT’s, CAR/CAT dissemination, learning about CBDM, and information on virtual meetings.

COLLABORATION
The AZF participates in the Collaboration of US Zones* and the NAWS Virtual Meeting of Zones. They are currently discussing the merits and feasibility of creating an Eastern States Zone consisting of the zones on the eastern USA. Many members within the AZF have participated in projects sponsored by the Northeast Zone and Southeastern Zone.

*The Collaboration of US Zones is a quarterly virtual meeting of all 8 United States Zonal Forums. They discuss how shared service efforts can benefit the addict that still suffers in the United States.

FINANCIAL
The AZF annual budget for 2020–2021 was $6,324. The zone is funded by member, group, area, and region contributions. Trusted servants are funded by the zone for hybrid meetings. Each member region funds their respective delegates to attend hybrid meetings. The AZF meetings are open for all to attend and participate.
INFORMATION

Planning
Strategic planning for the zone is complicated as the regions are very different from one another. It is difficult for the zone to envision the needs of each individual region. However, most of the regions have a solid service structure, so regional motions are presented in the form of projects which serves as their planning. Usually the region that presents the project is responsible for the execution and the BZF helps with funding. Planning is carried out every six months. Motions are voted on 3 or 6 months after they are presented, depending on urgency. Surveys are sometimes distributed to collect member input. All the Brazilian Regions must approve all projects.

Services
Fellowship Development: There are many projects dedicated to the growth of the regions of BZF. One project provided outreach to the Republic of Guyana with the help of ABNA and NAWS. There is also FD planned for an area that contains an Institutional Group. The Accessibility Project addresses the needs of addicts all over the world who still suffer and have additional needs. This workgroup meets once a month and is organized with Brazil, an area in the US, and Canada. The Carrying the Message Project in the Nordeste Brazil Region was started post-pandemic to open new groups, reopen meetings, and reach out to professionals. The Rio Grande do Sul FD Project followed, and recently the FD project in the countryside of Minas Region has started.

Public Relations: The zone maintains a single Brazilian NA website which contains tools to find meetings, links to NA social networks, service materials (manuals, bulletins), periodicals, and magazines. They have also implemented a national phoneline.

H&I: The groups of Brazil have decided to create a National H&I Subcommittee. The H&I Prison Sponsorship Project is a sponsorship behind the walls correspondence project.

National Service Conference: This event is held every two years and is hosted by the zone. It is attended by trusted servants from all over Brazil where they exchange experiences about H&I services, PR/PI, literature review and translation, and Fellowship development.

Other Services: Mapping is a new service for the zone. It brings together all the diverse data of the zone so that projects can be created to quickly take the message to the still suffering addict.

Virtual service forums that existed prior to the pandemic have increased dramatically bringing many newcomers to meetings and into service. In Brazil, there are now virtual-only service bodies that serve virtual groups that attract Portuguese-speaking members from around the world. The regions of the BZF have about 800 virtual meetings.

FINANCIAL

The Brazilian Zonal Forum and the Brazilian Service Office of NA are unified as the Brazilian Association of Narcotics Anonymous, or ABNA.

The annual budget for ABNA is $18,016 USD—$10,297 is allocated for services and the rest is used to cover the expenses of the office. In 2022, ABNA gave discounts on literature orders ($32,624) and free shipping ($27,082) for a total of $59,706. Funds are received through the sale of literature and contributions from member regions.

ABNA funds all trusted servants except for the ZD team. They are regional delegates of unseated regions and all Brazilian RDs are funded by their regions.
CANA provides opportunities for collaboration in their member regions via the strategic planning session at the in-person meeting, held in non-WSC years. The RD teams are sent a scanning survey to workshop at their respective areas and groups that is compiled and brought to the planning session. From there workgroups are created which may become routine services. For 2023 they are considering a full-body inventory.

Although the Northwest Territories, Yukon Territory and Nunavut have a few NA meetings, they have no discernible service structure and do not attend CANA. The services provided by CANA do, however, reach those communities.

The annual budget changes from year to year and depends on projects that are prioritized and revenue available. The 2022–2023 budget is $49,906 with projected revenue of $37,500. Funding comes from regions, areas, members, and any profit from the national convention. All elected trusted servants are fully funded for the in-person meeting.

The annual in-person meeting co-occurs with the national convention — Canadian Convention of NA (CCNA)—which follows a rotation of eastern, central, and western Canada. CCNA XXXI will be held in Saint-Hyacinthe, Quebec, 1–3 September 2023.

www.canaacna.org
Chair: Roxanne K. (AL-SASK) chair@canaacna.org
Vice-chair: Merry G. (BC) vicechair@canaacna.org
Secretary: Susan G. (CARNA)
Treasurer: Adrian M. (BC)
FD/PR West: Mark S. (CANA)
FD/PR Central: Brian S. (Ontario)
FD/PR East: Louise G. (CANA)
National Convention Coordinator: Open

Zonal contacts: Roxanne K. and Merry W.

www.na.org.br
faleconosco@na.org.br
Chair/Facilitator: Tereza C. (Rio de Janeiro)
Vice-chair: Francelle F. (Brazil)
Treasurer: Nelson P. (Brazil)
FD/H&I: Open
PR/PI: Lucas B. (Brazil)
Literature: Open
Zonal Delegate: Raimundo S. (Nordeste)
ZD Alternate: Alex S. (Rio Grande do Sul)
Based upon information provided by zones in February 2023

European Delegates Meeting

18 seated regions
14 unseated regions*
7,886 meetings

member regions include
Adriatic*
Belgium*
Bulgaria*
Czech-Slovak*
Denmark
Egypt
Finland
France
German speaking
Greece
Hungary*
Iceland*
Iran Region No.1*
Ireland
Israel
Italy
Latvia*
Lithuania
Malta*
Moldova*
Netherlands
Norway
Poland
Portugal
Romania*
Russian Speaking Tranzit*
Spain
Sweden
Switzerland*
Turkey*
UK
Ukraine

Zonal Meetings
Hybrid
twice a year
(4 days long)

Consensus-Based Decision Making

Supported trusted servants
2-year terms

Established 1993

INFORMATION

Focus
The biggest focus of the European Delegates Meeting (EDM) is on questions and answers between regions. During the meeting, they also hear reports from task teams and workgroups, including European Conference & Convention (ECCNA), Fellowship Development, and Public Relations. There is also a report from the Zonal delegate team, a NAWS report, and an EDM budget report.

Strategic planning is carried out within the subcommittees. Input is collected via RDs through workshops and small/large group discussions during the zonal meetings.

Services
The EDM has both FD and PR committees, an active ZD team, and its own website.

The Fellowship Development Committee is a stand-alone committee that is accountable to the EDM. It organizes task teams/workgroups, on an as-needed basis, that perform different FD duties, such as workshops or webinars on a variety of topics that are of interest to the regions of the zone. They are also responsible for the European Service Learning Days, which is held every other year. This is a three-day conference around different topics about service.

The EDM has recently formed a PR Committee that was started from a workgroup. They have hosted several webinars open to all members in the EDM who are interested in PR and provide services that their regions/communities request from them.

The CAR/CAT material is handled in a few ways: First, it is discussed in the monthly ZD webinars; then, workshoped in a series of virtual presentations, which are translated in five languages; and finally the motions are discussed during the ZD session of the EDM.

The EDM sees the ZD team as a developing service and believe it’s becoming a more effective and integral part of how the EDM supports its regional delegates.

At the start of the pandemic, the EDM held monthly virtual “Community Dialogue” meetings in which regions could share their experiences. They are now held three times a year. These meetings are only for discussions, not for decisions. This has increased virtual participation in local service forums, and decreased the need to postpone some activities.

www.edmna.org
contact@edmna.org

Steering Committee
Chair: Vasco (Portugal)
SC Vice-chair: Guilherme (Portugal)
Secretary: Open
Vice-secretary: Mahmoud (Egypt)
Treasurer: Open
Vice-treasurer: Sony (Egypt)
FD Chair: Ayman (Egypt)
FD Vice-chair: Alessandro (Italy)
PR Chair: Simon (UK)
PR Vice-chair: Patricia (Portugal)
Media Coordinator: Open
Vice-media Coordinator: Hani (Egypt)

Zonal Delegate: Matthew (UK)
ZD Alternate: Zeynep (Turkey)

COLLABORATION

The EDM FD and PR Committees provide regional collaboration within the zone by bringing regional subcommittee members together on the same platform. This is vital due to the diverse nature of the body—all EDM activities are multi-lingual and multi-cultural. They have the possibility to exchange experience, service materials, and get in direct contact with other FD subcommittees around the zone. Participants include present and past trusted servants, RDs, WB members, NAWS staff, and any interested members.

There is no formal collaboration with other zones; however, the APF requested the ability for their RDs to participate in the EDM CAR/CAT presentations. The EDM has also experienced good cooperation and sharing between PR committees in other zones and has reached out to some regions in the African Zone.

FINANCIAL

Their annual budget fluctuates and is funded by member groups, areas, and communities plus 60% of the surplus from ECCNA. The budget for 2022 was about $69,500. All the elected trusted servants are fully funded. Member delegate teams are funded by the EDM upon request.
Latin American Zonal Forum

21 seated regions
8 unseated regions*
8,293 meetings

member regions include
Argentina
Baja Son
Bolivia*
Brazil Central*
Chile
Colombia
Costa Rica
Cuba*
Ecuador
El Salvador
Grande São Paulo
Guatemala
Honduras*
HOW Brazil
Mexico
Minas
Nicaragua
Occidente-Mexico
Panama
Paraguay*
Peru
Quisqueyana
Region Del Coqui
Spain
Uruguay
Venezuela
Spanish-speaking Area of Southern California*
Spanish-speaking Area of South Florida*
Spanish-speaking Area of Texas*

Zonal Meetings:
In-person
twice a year (4 days long)
Virtual
four times a year (average length 4 hours)
Hybrid
twice a year (4 days long)

Established 1993

INFORMATION

Focus
The focus of the meeting is primarily public relations, Fellowship development, and how to provide services to their member regions. They do this through informational reports from the executive committee, zonal delegates, HRP, workgroups, and member regions. There are discussions on topics presented from these bodies which include: ideas, proposals, motions, projects, processes, procedures, and pending/new issues. They also conduct workshops. They get the work done through a mixture of CBDM and parliamentary procedures. They do hear all opinions on a topic but when necessary there are votes and decisions are made according to the majority.

Services
There are seven workgroups that perform the services of the zone: Public Relations, Fellowship Development, Internet, Revisions and Translations, InfoLatinas (FZLA Magazine), Policy and Procedures, and the Latin American Convention on Narcotics Anonymous. The work of the workgroups benefit all of LAZF.

The PR and FD workgroups are available for virtual or in-person workshops scheduled through the region’s delegate. The workgroup for the convention is comprised of members of the region that will host the next convention.

CAR/CAT workshops are hosted virtually for all who wish to attend. However, only the RD teams have a voice on the floor.

CHANGES/SUCCESSES

The biggest changes and successes for the LAZF have happened due to the pandemic. A service platform called Recovery at a Distance (RAD) was implemented and they now host a daily virtual recovery meeting for Spanish-speaking members.

The PR workgroup created a virtual international H&I panel with 90 trusted servants that provide panels to more than 25 prisons and institutions all over Latin America.

The FD workgroup has provided mapping to identify and connect members in isolated and rural areas. They help them open virtual groups and eventually an in-person group. Efforts such as this have provided support to Cuba and Honduras where the very existence of NA was at risk. Now the LAZF is providing FD and strategic planning in both communities.

COLLABORATION

All workgroups of the LAZF meet virtually and are open to all Spanish-speaking members with approval of the delegate of their region.

The LAZF and the Brazilian Zonal Forum are working together on the Interzonal Services Convention schedule for August 2023. They periodically have other zonal trusted servants share in their RAD morning meeting.

FINANCIAL

The biennial budget is $17,840 and it is funded, for the most part, through the profits of their convention. The executive committee and ZD team are fully funded. Some regions are partially financed with 20% coming from the regions and 80% from LAZF.
Mission/Purpose

Mission Statement: The Midwest Zonal Forum (MZF) is a consensus-based service body that seeks to further NA’s primary purpose by facilitating communication, cooperation, and growth in the midwestern United States and NA World Services.

Statement of Purpose: To provide participants a forum for the discussion and exchange of information on problems and issues confronting the regions of the midwest US. The Forum is a place to network and share ideas with the focus on finding solutions.

Focus

The focus of MZF meetings is basic business, trusted servant reports, member region reports, and prioritized issue topics that were raised at the meeting or specifically requested for the meeting. The first meeting after the World Service Conference is a hybrid planning meeting. They often discuss the status of their Multi-Region Service Learning Days.

Services

Here is a list of services provided by the MZF:

- Zonal website and calendar
- Their virtual meeting account (Zoom) is available for virtual meetings at the regional level on a first-come, first-serve basis. Some member regions are taking advantage of this for regional business meetings, regional committee meetings, and convention committee meetings.
- PR presentations and training for local members
- Large- and small-group workshop presentations on topics including current and past IDTs, literature development, and Steps, Traditions, or Concepts
- Forum for participating regions to share best practices, issues, and solutions
- Forum for member region RDs and RDAs to establish a support community they can utilize at the WSC
- Host a weekend for hybrid CAR/CAT workshops that any member may attend

FINANCIAL

This zone does not have a budget. However, they have guidelines that specify how expenses are dispersed (on a cash-available basis) and the priority for the disbursement. There are established reserve amounts to fund zonal trusted servants. For 2023 that amount is $2,060. Most regions provide funding for their delegate teams.

They receive funds in voluntary donations from regions, areas, and members. They collect a Seventh Tradition at the face-to-face meetings. They also receive donations from MRSLDNA and MZSSNA.

EVENTS

At the request of the region that is hosting the hybrid meeting, the MZF offers to present workshops as well as a PR event during the weekend.

The next Multi-Zonal Service Symposium will be in Detroit, Michigan, USA, 13–15 October 2023.
The NEZF member regions collaborate on projects through the strategic planning process and the FD and PR subcommittees. Three regions in the zone conducted a North Eastern States Service Symposium (NESSSNA) which became a Zonal workgroup. NEZF PR coordinated with the Southeastern Zonal Forum PR Task Force for PR Week events in 2020 and 2021. NEZF PR has also participated in PR events with the European Delegates Meeting and Multi-Zonal Forums.

The services of the NEZF are:
- Public Relations Subcommittee (pr@nezf.org)
- Fellowship Development Subcommittee (fd@nezf.org)
- Website (with US meeting info)

The FD Subcommittee provides services to regions within the zone and, by request, outside the zone. NEZF FD provided mentorship, support, and facilitated connection in a variety of forums. This included workshops at various events, support to areas and regions with planning and in the creation and implementation of service bodies. Through one of the FD workgroups, there is an ongoing Video Workgroup creating training with involvement from members of the Fellowship from multiple zones. They supported a local area to create a website and developed virtual service materials for RDs, RCMs, and GSRs.

The PR Subcommittee hosts a monthly virtual meeting where 15 PR chairs regularly attend. They support regional PR committees directly by providing planning templates for professional roundtables and events, PowerPoints, and sample letters. The PR Subcommittee may also attend regional meetings (by invitation) and assist in coordinating workshops. They supported four professional roundtable/panel events, conducted several international PR workshops, and organized a virtual conference for correction professionals.

At the start of the pandemic, NEZF held several virtual FD workshops that provided training for a range of service positions. The PR Subcommittee held virtual workshops to support meetings on reopening protocols.

NEZF has looked at the gap between H&I services and considered a zonal position to address this.

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Chair: Wilvena G. (Greater NY) chair@nezf.org
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Secretary: Sandy M. (ABCD) secretary@nezf.org
Treasurer: Sam S. (New England) treasurer@nezf.org
FD Chair: Sarah L. (Western NY) fd@nezf.org
Zonal contacts: Wilvena G. and James P.
Plains States Zonal Forum

Established 1995

6 seated regions
0 unseated regions
1,226 meetings

member regions include
Best Little
Iowa
Mid-America
Nebraska
OK
South Dakota

Zonal Meetings
Virtual
twice a year
(average length 3 hours)

Hybrid
twice a year
(3 days long)

Consensus-Based
Decision Making

Trusted servants
2-year terms

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Secretary: Tonya H. (Iowa)
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Treasurer: Natalie S. (Best Little)
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PR Coordinator: Sally R. (Mid-America)
pr@pszfna.org
IT Coordinator: Open
it@pszfna.org
Sponsorship: Sam B. (Best Little)
sbtw@pszfna.org
Zonal contacts: Barry B. and Beth N.

INFORMATION

Purpose
The Plain States Zonal Forum fulfills these purposes:

• We coordinate services between our member regions.
• We provide an opportunity for discussion and exchange of information on problems and issues confronting NA.
• We facilitate communication, cooperation, and growth among regions in the Great Plains of the United States and NA World Services (NAWS).
• We help regional delegates prepare for the biennial World Service Conference and learn from each other, former delegates, and other experience trusted servants.
• We assist local NA members or communities who have questions about NA service or how to handle challenging situations.
• We conduct workshops and learning days on various topics in NA service.
• We sponsor multi-regional events with participation from NAWS.

Focus
The focus of the PSZF is Fellowship development through workshops/IDTs, training for delegate teams, sharing best practices, Public Relations, and Sponsorship Behind the Walls.

At the start of each cycle, after the election of trusted servants, they conduct a planning session where members are asked for input by their delegates. A Zonal Assessment Workshop PowerPoint is used during this meeting. The ideas generated from this meeting are sent to a workgroup for further development. The details are brought back to the member regions for a vote.

Services
The services that the zone provides:

• Zonal website with Basic Meeting List Toolbox (BMLT) support to all regions
• Zonal website with a Yap server for phoneline services
• Access to three Zoom meeting accounts
• Calendar and scheduling available for any service body of any group, area, or region within the zone
• Funding available for literature, booth rent, etc. for professional conferences located within the zone
• Funding of Sponsorship Behind the Walls (SBTW) for any facility located within the zone
• PR to Professionals event on the Friday of hybrid zonal meeting
• CAR/CAT workshops with World Board participation (if available) that is open to all members

FINANCIAL

Their biennial budget for 2022–2024 is $111,311 and is funded by group, area, and region contributions and biannual fundraising auctions at hybrid zonal meetings.

The trusted servants and delegates are funded through their member regions. PSZF can provide funds for travel and lodging if regional funds are not available.
Based upon information provided by zones in February 2023

**INFORMATION**

**Mission Statement**
The Rocky Mountain Zonal Forum is a problem/discussion/solution(s) clearinghouse for the NA Regions in Colorado (and part of New Mexico), Idaho (and part of Oregon), Montana, Utah, Wyoming (and part of Nebraska) and North Dakota (and part of Minnesota). We meet once per year, rotating through member region locations in July (4th Saturday) of each year. On the odd years, we’ll hold an additional meeting in December (2nd Saturday) where we will primarily concentrate on the CAR with World Board Members in attendance. Each July, we will hold discussion groups, workshops, and actively share in member regional needs. And, at these annual meetings, we will generate a priority list of member activities for the coming year.

We offer the following for addicts, groups, areas, and regions within the Rocky Mountain Forum boundaries:
- Suggestions for solutions to NA problems given to this body.
- Addicts for outreach if at all possible/if needed.
- Information (meeting lists, world registration help, literature, computer contacts, resource contacts, and computer links).
- Contacts with interested, experienced, and service-oriented addicts (resource people).
- A website (www.rmfna.org), which has our Mission Statement, contact methods, topics currently posted to discuss, an activities list, an archive of our documents, and a discussion of Rocky Mountain Forum website through the Traditions of NA.

We are action-based with web and postal contacts. We are here to serve the addicts within the boundaries of the Rocky Mountain Forum through the spiritual principles of unity and love.

**Focus/Services**
The Rocky Mountain Zonal Forum focuses on collaborating and sharing best practices with members of the zone. They share regional reports and CAR/CAT related discussions. Agenda items are added as requested.

During the pandemic, the zone met after Conference Participant webinars to help train the alternates who were coming on board and to discuss the impact to the fellowship in the member regions.

**COLLABORATION**
The RMZF has collaborated with other zones to hold a National Multiple-Zone CAR/CAT Workshop. They participate in the Collaboration of US Zones. They have also been discussing other opportunities to increase their collaboration.

**CHANGES**
The CAR workshop in December 2022 was a hybrid meeting which allowed all members of the zone the ability to attend. There have been discussions about meeting only virtually for future meetings.

**FINANCIAL**
The Rocky Mountain Zonal Forum does not have a budget. Their only expense is the website domain and that is $99 US every 5 years, which is covered by one or more member regions. The facilitator and secretary for the meetings are provided by the hosting region. The hosting region also funds the meeting weekends.

**EVENTS**
On occasion, there is a local activity, such as a PR presentation, held in conjunction with the zonal forum meetings.
Based upon information provided by zones in February 2023

**Russian-speaking Zonal Forum**

- 2 seated region
- 7 unseated regions*
- 3,767 meetings

*member regions include*
- Big Moscow*
- Blacklands*
- Far East Russia*
- Nevski*
- North-West Russia
- Povolzhye*
- Siberia*
- Ural & West Siberia*
- Western Russia

**Zonal Meetings**

- **In-person**
  - once a year
  - (3 days long; can be joined virtually if needed)

- **Virtual**
  - 12–24 times a year
  - (average length 1.5–2 hours)

- **Consensus-Based Decision Making**

- **Trusted servants**
  - 2-year terms

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**INFORMATION**

**Focus**

During the meeting of the Russian-speaking Zonal Forum, they hear reports from their member regions, conduct workshops, hold elections, and plan for the services they will carry out during the following year. Although they do not utilize strategic planning, they do take regional requests into account when preparing the annual budget. They also conduct virtual CAR workshops.

**Services**

They have a website and provide these services: PR coordination, translations, H&I, Narcotics Anonymous Community Assistance Fund, Fellowship development, and literature production and distribution.

The PR and H&I services are mostly meeting points for regions and areas to exchange experiences and ideas. They also coordinate common activities like at a service assembly or similar projects.

Fellowship development is relatively new for the RZF. They are working to support weaker Russian-speaking communities. FD became a fully functioning committee with a chairperson and ongoing duties.

Narcotics Anonymous Community Assistance Fund is an independent nonprofit organization with the full legal capacity necessary to ensure the activities of the Narcotics Anonymous community in the Russian Federation. This helps the zone with rental contracts, bank accounts, and assuming their literature production responsibilities.

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**CHANGES**

The zone produces NA literature through an agreement with NA World Services, on NAWS behalf. They finished the process of legalizing the financial aspects of literature distribution. They took on this responsibility for many reasons, some internal, some external but all with the desire to make the process fully legal according to their laws.

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**FINANCIAL**

The annual budget for the zone is funded through profit from the convention, and Seventh Tradition contributions. The zone funds the elected trusted servants to attend the meetings and regional delegates by request.

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**EVENTS**

In 2023, the Russian-speaking Zonal Forum plans to hold a huge zonal convention 21–23 July in Samara, Russia. The last zonal convention was held in 2021 in Kazan, Russia, and brought together approximately 3,000 addicts to celebrate their recovery and new way of life. Here is the link to the website for the event: [https://rzf4.ru/](https://rzf4.ru/).
Southeastern Zonal Forum

MISSION

The mission of the SEZF is to provide a regularly scheduled time and place where representatives of the member regions come together to further our primary purpose, “to carry the message of recovery to the still suffering addict,” through service-oriented discussions, workshops, events, and task forces. The SEZF’s primary function is to facilitate joint, multi-regional efforts that serve our member regions and are directly responsible to the Regional Service Committees within the zone.

1. The Forum is comprised of regional delegates and alternate delegates from within the geographical boundaries of the Southeastern Zone.
2. To accomplish its primary purpose, the Southeastern Zonal Forum has established guidelines that provide direction and accountability for its actions. Changes to the guidelines require consensus.
3. The Southeastern Zonal Forum will conduct itself in accordance with the Twelve Traditions and the Twelve Concepts for NA Service so that a spirit of selfless service and not of government remains always as its guidepost.
4. The SEZF shall act as a service to the Regions and not as another level of service between the Regions and NAWS.

FOCUS/SERVICES

The SEZF meetings focus on support for member regions through reports and delivery of services. At each zonal meeting, they try to cater workshops for the local community. The host region selects the topics to discuss.

They have four standing task forces which deliver services to their member regions: H&I, PR, Additional Needs, and BMLT. These meet virtually and are comprised of trusted servants and interested members from regions and areas within the zone and Additional Needs includes members from around the world.

The PR Task Force has started using surveys to work towards implementing strategic planning. The zone hopes to expand planning in the future. As a result of the pandemic, the PR Task Force created and released suggested guidelines for reopening meetings.

The Additional Needs Task Force provides support and works to carry the message to those with physical disabilities, and the hearing- and vision-impaired. It has also raised awareness within the Fellowship of the barriers that limit our message from being carried to those members with disabilities.

The SEZF also commits to special local projects as needed. They also have hybrid CAR and CAT workshops that are separate from the zonal meetings.

COLLABORATION

The SEZF provides collaboration opportunities for the member regions with the standing task forces.

They participate in multi-zonal workshops and reach out to other zones often, especially in the areas of PR and Additional Needs. The SEZF collaborates in a Multi-Zonal Service Video Tool Project group. Their PR Week activity has included other zones in the planning and implementation. Their PR Week event has since become virtual.

They participate in the Collaboration of US Zones, and are in a workgroup to look at combining the eastern US zones.

FINANCIAL

The biennial budget for 2023 is $10,888. Member regions send funds to the zone. The attendance of the facilitator and secretary/treasurer are funded by the zone. Regional delegates are funded by their regions to attend each SEZF meeting.
Southern Zonal Forum

Based upon information provided by zones in February 2023

8 seated regions  2 unseated regions*  3,574 meetings

member regions include
Arkansas
Bluegrass-Appalachian*
Kentuckiana
Lone Star
Louisiana
Mississippi
Red River*
Show-Me
Tejas Bluebonnet
Volunteer

Zonal Meetings:
Hybrid  three times a year  (2.5 days long)

Consensus-Based Decision Making  with all in attendance included in the process

Trusted servants
2-year terms

Established 1992

www.szfna.org
all@szfna.org
Facilitator:  Linsey P.  (Bluegrass-Appalachian)
Secretary:  Lucy O. (Volunteer)
Treasurer:  Sharon S. (Lone Star)
FD Coordinator:  Lee P. (Louisiana)
PR Coordinator:  Craig G. (Volunteer)
Zonal Delegate:  Staci H. (Lone Star)

INFORMATION

Focus/Services
The focus of the Southern Zonal Forum meetings is to hear reports from member regions and from trusted servants. Topics of discussion are chosen by the hosting region and workshops are presented by delegates to address the region’s needs.

The SZF does help with FD and PR efforts in their member regions and communities when requested.

The zone also provides a website where all workshop presentations are posted for the Fellowship to use.

They also provide CAR/CAT workshops with World Board participation.

CHALLENGES

The zone considers themselves a work in progress. They are attempting to create an IT position for hybrid meetings and are looking to broaden their FD/PR efforts.

COLLABORATION

The SZF does collaborate with member regions to host a public relations event in conjunction with their zonal meeting.

They support and attend the Multi-Zonal Service Symposium (MZSS) and work with the Collaboration of US Zones.

FINANCIAL

The zone does not have a formal budget; however, they keep a prudent reserve and all funds that exceed this amount are forwarded to NAWS. The funds come from groups, areas, and regions. They also have a registration fee for the zonal meetings and sell t-shirts. Travel and two half-room nights are funded for each trusted servant.

EVENTS

The Southern Zone holds one of their in-person meetings in conjunction with the Multi-Zonal Service Symposium (13–15 October 2023, Detroit, Michigan, USA — www.mzssna.org)
Based upon information provided by zones in February 2023

Western States Zonal Forum

13 seated regions
0 unseated regions
5,604 meetings

member regions include
Alaska
Arizona
California Inland
California Mid-State
Central California
Northern California
Pacific Cascade
Region 51
Rio Grande
San Diego
Imperial Counties
Sierra Sage
Southern California
Washington
Northern Idaho

Zonal Meetings
In-person
once a year
(4 days long)

Virtual
twice a year
(average length 2 hours)

Hybrid
once a year
(average length 2 hours)

Consensus-Based Decision Making
(consensus is reached when 2/3 of the voting RDs are in favor of a proposal/topic.
(9 out of 13 for full vote)

Established
1991

INFORMATION

Mission
The Western States Zonal Forum is a service-oriented sharing session that joins the regions of the Western States Zone to collectively share our service challenges and share our solutions to challenges through annual meetings and ongoing communication. The Forum provides training opportunities to benefit zonal and local members and their service bodies. The interaction and collaborative exchange with NAWS and the World Board serve our body and help us prepare for the WSC and support Fellowship development.

Focus
The focus of the Western States Zonal Forum is to administer workgroups, and provide training, sharing of best practices, challenges and solutions, Fellowship development, and preparation for the World Service Conference.

Services
WSZF implements Fellowship development in conjunction with their annual weekend meeting, and they maintain a zonal website. In order to further the goal of providing more services within the zone, they have open webinars for Fellowship development, H&I, and PR sharing opportunities throughout the year.

They conduct CAR/CAT workshops for delegate teams with the World Board in attendance. Visitors are welcome and may be invited to participate if time allows.

WSZF provides opportunities for members within the zone to get involved on projects. They form internal workgroups that are open to past and present RDs and RDAs. They also form external workgroups that are open to any member who lives in the zone.

They utilize planning by prioritizing issues of concern and forming workgroups that meet in-person and virtually to take the next steps and report back to the forum at large.

www.wszf.org
Facilitator: Dave T. (San Diego/Imperial Counties)
Alternate Facilitator: Tina N. (Region 51)
IT Workgroup Facilitator: Alan B. (Washington Northern Idaho)
Zonal contacts: Dave T. and Tina N.

COLLABORATION

The zone has been using online collaboration tool (Loomio) for discussion, posting documents, and information sharing. This works for the members that use it and check it consistently.

The process of identifying areas of focus, creating workgroups that meet virtually, and then posting progress on the online collaboration tool is showing some success. They have been able to provide Fellowship development, tailored to the local needs, at the annual weekend meetings for the local community in which they meet.

For the 2020 CAR workshop, they invited the Rocky Mountain Zonal Forum to attend. Two members from that zone participated in the meeting.

FINANCIAL

The WSZF has an annual budget of up to $3,900. Contributions to the budget are made by member regions at a suggested rate of $300 per region. The budget includes funding trusted servants (travel, lodging, per diem), some costs associated with the zonal meetings, and other expenses as agreed to by the zone and its member regions, such as technology.

Any zonal forum member may submit a request for reimbursement for expenses. Each request will be considered individually.

EVENTS

During the three- to four-day formal meeting, they plan an event or session that serves the needs of the local Fellowship. This could be either Fellowship development, training, or some other event. One of the informal meetings co-occurs with Western Service Learning Days (WSLD).