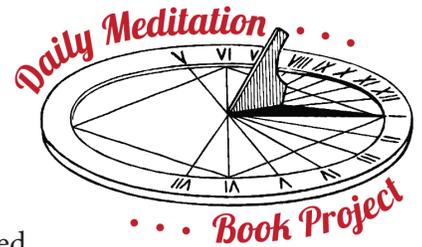


Spiritual Principle a Day Meditation Book

We included a literature survey in the 2016 *Conference Agenda Report* so that members could express their ideas for what are the next literature priorities in NA. In the book-length category, there were two different options for a daily meditation book—a daily meditation book featuring a spiritual principle a day and a daily meditation book based on *Living Clean*. Both options were highly rated on the survey and we are collecting input from the Fellowship to help develop the focus of the book so that we can frame a project plan for consideration at the 2018 World Service Conference.



Focus Options

1. Please select one of the following possible proposed focuses for this book:
 - a. A daily meditation book featuring a spiritual principle a day
 - b. A daily meditation book focused on *Living Clean*
 - c. A combination of a and b
 - d. Your idea:

When thinking about a spiritual principle a day meditation book, some members have suggested that finding 365 distinct spiritual principles may be challenging. There are a couple of ways to address this challenge. The book could repeat some spiritual principles on different days, or the book could include more than the terms that are easily labeled spiritual principles—things like values or NA's good ideas.

2. Would you be open to either of these approaches? Yes No
Please share any thoughts you have on the scope.

Format Options

We would also like to get your ideas about the format and style of the book.

3. Would you like the book to be similar in style/format to *Just for Today* (quotation, elaboration, reflection)?
Yes No If no, please give us your ideas
4. Would you like something designed to guide or inspire meditation? Yes No
If so, how do you see that being incorporated?
5. Would you like something more like a workbook that you can interact with? Yes No
6. Would you prefer a different style of book than the ideas described here? Yes No
If so, please explain what format you envision.

Content questions

7. What are three spiritual principles that you wished NA literature addressed more?
8. What has most helped your understanding of these principles?
9. How is the NA understanding of this the same or different than the dictionary definitions?
10. Is there a topic touched on in *Living Clean* that you've wished were covered more thoroughly? Yes No
If so, what else would you like to read about this topic?

Questions to generate source material for the book

11. Write about a spiritual principle that seems to have benefitted you the most in your recovery journey.
Please note whether NA literature helped you and what was the piece of literature.
12. Write about a spiritual principle that you were challenged to incorporate into your life. What's been most helpful to you as you attempt to embrace that principle?
13. Write about a passage from *Living Clean* that has been useful, inspirational, or had some sort of impact.

Who are you?

I am from _____ region. This input comes from an individual/group/area/region. Circle one.

Deadlines

Please send your input by 1 June, 2017. You can fill out these questions online at www.na.org/meditationbook, email your written input or photo of your input to worldboard@na.org, or mail input to NA World Services, 19737 Nordhoff Place, Chatsworth, CA 91311.