

FORGIVENESS, Quote #1

Recognizing our own humanness gives us the capacity to forgive others and not be as judgmental as we have been in the past (*Step Working Guides*, Step 9).

FORGIVENESS, Quote #2

We forgive ourselves, we forgive others, and we find peace—regardless of what others may think or feel or tell us (*Living Clean*, Chapter 5, “Amends and Reconciliation”).

FORGIVENESS, Quote #3

Walking with the knowledge that someone has not forgiven us is hard, but through it we find levels of forgiveness and acceptance that we may not have known were possible (*Living Clean*, Chapter 5, “Amends and Reconciliation”).

FORGIVENESS, Quote #4

Forgiving is its own reward. We start to find peace within ourselves. When we are free of guilt, shame, and resentment, our minds can be still (*Living Clean*, Chapter 7, “Love”).

FORGIVENESS, Quote #5

Sometimes the path to forgiving ourselves begins with forgiving another for their lack of forgiveness (*Living Clean*, Chapter 5, “Amends and Reconciliation”).

FORGIVENESS, Quote #6

Forgiveness is an action and a decision. We need a lot of forgiveness, and we also get to provide it. Forgiving is its own reward (*Living Clean*, Chapter 7, “Love”).