

PRACTICALITY, Quote #1

Sometimes it's enough just to know that other NA members believe (in a higher power) and that their belief helps keep them clean (*Just for Today*, April 23).

PRACTICALITY, Quote #2

Our part...is to do the very best we can each day, showing up for life and doing what's put in front of us...We promise to do the best we can—not to fake it, not to pretend to be superhuman, but simply to do the footwork of recovery (*Just for Today*, February 18).

PRACTICALITY, Quote #3

We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel (Basic Text, Chapter 4, "How It Works").

PRACTICALITY, Quote #4

It's not what we think about our recovery that matters; it's what we do (*Living Clean*, Chapter One).

PRACTICALITY, Quote #5

Many of us believe that every day we abstain from using, or take suggestions from our sponsor, we are taking practical action on our decision to turn our will and lives over to the care of our Higher Power (*NA Step Working Guides*, Step 3, "Turning It Over").