HONESTY, Quotation #1
When we fully concede to our innermost selves that we are powerless over our addiction, we have taken a big step in our recovery (Basic Text, Chapter 5: What Can I Do?).

HONESTY, Quotation #2
Honesty is the antidote to our diseased thinking (Basic Text, Chapter 9: Just for Today).

HONESTY, Quotation #3
Honest self-assessment is one of the keys to our new way of life (Basic Text, Chapter 4, Step Four).

HONESTY, Quotation #4
Open, honest, and straightforward communication nurtures the spirit of service in our fellowship, and poisons the impulse to govern (Twelve Concepts of NA Service, Concept Twelve).

HONESTY, Quotation #5
In the beginning, we may have to consciously practice being honest. As we continue this practice, we find dishonesty progressively more uncomfortable, perhaps even agonizing; and gradually we notice that honesty has become more normal for us (Living Clean, Chapter 1, “Keys to Freedom”).

HONESTY, Quotation #6
The steps help us to increase our ability to be honest with ourselves and others (Living Clean, Chapter 1, “Growing Pains”).

HONESTY, Quotation #7
Honesty is a commitment to reality (Guiding Principles, Tradition One, “In Service”).

HONESTY, Quotation #8
Honesty begins with not lying, but that’s not where it ends. We start to recognize the difference between what’s true for us and what sounds good—or what we wish was true (Guiding Principles, Tradition Ten, opening meditation).